



LEOH Fall Program – our 46th Year!



Fellowship Hall, Bellaire UMC | September 17, 2026

Welcome, new LEOH members

Rolanda Bass, Betty Duson, Cheryl McEntire,
John Moffitt, Cindy Rice, and Dena Wilson

We are happy you are joining us and hope you enjoy what LEOH has to offer!

Morning Activities – Beginning at 9:30 a.m.

REGISTRATION – Coordinator Jane Shinn

Pick up your name tag at the registration table in the Welcome Center, just outside Fellowship Hall, and return it when leaving (for safekeeping until the next meeting). **Please note that new, improved name tags are now available. Exchange your old one for the new version!**

REFRESHMENTS (Coffee, Tea, Water, Snacks)

Snacks and beverages are available to everyone prior to lunch.

THIS WEEK’S SPEAKERS

provided by speaker committee members Kelly Cervenka and Vickie Fella

10:00-11:00 a.m. WHAT’S UP HOUSTON

COMPASSIONATE HOUSTON

Pam Lewis, Ph.D., Board Chair, and **Jenny Casteneda**, Board Member, discuss the nonprofit’s founding, its mission, and how it has been instrumental in Houston’s designation as a compassionate city.

11:15-12:15 p.m. TOWN HALL

ANTARCTICA: ICE SHEET EVOLUTION AND DESTINY

John B. Anderson, Ph.D., MS, W. Maurice Ewing Professor of Oceanography-Emeritus, Rice University, discusses the changes his group of explorers have witnessed over the course of 20 expeditions to our southernmost continent, which includes the South Pole.

PLEASE SILENCE YOUR PHONE (AND YOURSELF) DURING THE SPEAKER PRESENTATIONS!

Lunch & Afternoon Activities – Fellowship Hall, unless otherwise noted

12:15 p.m.

WEEKLY LUNCH DRAWING, ANNOUNCEMENTS, AND PRAYER/INSPIRATIONAL THOUGHT

Add your name to the LEOH bowl the first time you attend (just once only, not each week hereafter)! Each Thursday, a name will be drawn, and the lucky winner will enjoy a free lunch that day. And please consider offering a prayer or inspirational thoughts just prior to lunch. A sign-up sheet will be available at the registration table.

LUNCH – Coordinators Bill Grimes and Julie Larson, Treasurer Rosalie Thurbon

Enjoy a change of pace from Spring lunches in the form of poboys from **Paulie’s Poboys**, plus a salad, drink, and ice cream cup! All for \$8. You may pay anytime (cash or check only) except during speaker presentations. You will receive a lunch “ticket” when you pay, and you will then turn in the ticket to one of our “kitchen crew” when you pick up your food. The returned tickets will assist our treasurer when tallying lunch receipts and any donations.

12:30-3:30 p.m. YEAR-ROUND BRIDGE (Room 131)

12:45 p.m. SOCIAL BRIDGE (Fellowship Hall)

Coordinator: Paula Koehn

1:00-2:00 p.m. SPANISH CLASS (Room 123)

Instructor: Ana Moore

1:00-3:00 p.m. WATERCOLOR PAINTING (Room 122)

Note: a prepaid \$40 fee is required

Instructor: Marie Schaer

1:00-3:00 p.m. EVERYTHING YARN & THREAD (Fellowship Hall)

Instructor: Mary Mahon

Enjoy working on an individual needlework project. If you want to learn a new skill or just observe, you are welcome to join them!

1:00-3:00 p.m. GAMES/TABLE TALK (Fellowship Hall)

Bring your favorite game (Scrabble, Rummikub, etc.) to play with fellow members, or join others to relax and enjoy a round-table discussion on topics of interest.

TRIPS Ann Fairchild, Coordinator – fairann@sbcglobal.net; 281-686-1325
Details as they become available will be on our website; sign-up will be closer to the trip dates.
We continue to have interesting, informative, and entertaining trips, thanks to Ann!
 Wednesday, October 14 – Rice University walking tour, followed by lunch in Rice Village.
November and December outings are in the planning stages.

CARING CORNER Kelly Cervenka, Coordinator – kcervenka39@gmail.com; 281-686-1325
Kelly will gladly send an appropriate card on LEOH’s behalf to someone upon your request.

BOOK CARTS & DISPLAY TABLES Vickie Fella, Coordinator
Display table items are free to keep (except books). *Borrow* a book and return it when done for others to enjoy. **NOTE:** *Many* hardcover best-sellers were recently donated. THANK YOU, anonymous giver of books! Several will be on the display table this week, so please borrow one or more, and return them when done. Please keep the carted books in strict alphabetical order to assist everyone in finding books by author. The new additions will be incorporated into our book carts over the course of the next few weeks.

SERVICE PROJECTS allow us to assist those in need in our surrounding communities. Projects are selected based on needs identified by a non-profit organization. LEOH members may then donate designated items. Monetary donations are always an option and can be received by LEOH treasurer Rosalie Thurbon. Our Fall project is a continuation of the Spring project, ***The Women’s Home***, a residential treatment and housing program to enable women to reenter society empowered and valued. Project coordinator is Nina Quartaro. Look for a collection bin and take-home copies of the list of needs at the meetings. Below is a list of items residents will appreciate. **NOTE:** *Please, no toothbrushes/toothpaste at this time.*

- Unopened makeup Gum and mints Unopened lotions Reading glasses Sample-sized cosmetics Bath sponges/brushes Tampons Daily devotional materials

QUESTIONS OR COMMENTS ABOUT LEOH? **There are several options!**
Contact LEOH President David Martin through the Bellaire UMC Office: 713-666-2167; Leave a comment on our LEOH website leoh.texas.org (your comments are confidential). Take advantage of our *Suggestion Box* – cards and pens are available at each table. Jot down your thoughts (anonymously if desired) and drop a card in the Box on the display table. We welcome your thoughts on how to make LEOH better. Speaker suggestions and topics are also very welcome!

LEOH TRIPS ARE ENTERTAINING AS WELL AS EDUCATIONAL.
THESE RECENT TRIPS ARE NO EXCEPTION!



The **AMAZON FULFILLMENT CENTER** tours in **July** were amazing! It was also a popular trip, as bus trips on two different days were needed to accommodate everyone who wanted to go. Innovative automation and efficient staff were observed throughout, performing the many tasks required to get products to our doorsteps quickly.



HOUSTON PUBLIC MEDIA (CHANNEL 8 AND KUHT FM) on the UH campus was visited in **August**. This fascinating tour included chats with some of the media anchors, plus a stop in the original studio of the 1950’s.



This **September**, LEOH travelers visited **Miller Theatre** to enjoy a performance by the very talented **HOUSTON BRASS QUINTET**.