



LEOH Spring Program – our 45th Year!

Fellowship Hall, Bellaire UMC | April 9, 2026



Morning Activities – Beginning at 9:30 a.m. – Fellowship Hall

REGISTRATION – Coordinator Jane Shinn

Pick up your name tag at the registration table and return it when leaving (for safekeeping until the next meeting).

NEW MEMBERS! Fourteen new members have joined us! We welcome your thoughts on what you like about LEOH, as well as your ideas on how to make it better. Speaker suggestions and topics are also welcome!

REFRESHMENTS (Coffee, Tea, Water, Snacks)

Snacks and beverages are available to everyone prior to lunch.

THIS WEEK’S SPEAKERS

- Provided by speaker committee members Jim Burrough and Judy Bristol

10:00-11:00 a.m. WHAT’S UP HOUSTON

COLLEGE, CAREER, AND MILITARY READY IN TEXAS

Gabriela Sanchez-Soto, PhD, Rice University, Senior Researcher, **Kinder Institute for Urban Research**, explains what this means, and who decides. She explores the role of state policymakers in shaping our school districts to ensure students thrive in adulthood.

11:15-12:15 p.m. TOWN HALL

THOMAS JEFFERSON, FOUNDING FATHER

John Boles, retired Rice University professor, discusses his research and book on *Thomas Jefferson*, Lawyer, Scientist, Plantation Owner, and signer of the Declaration of Independence.

**PLEASE SILENCE YOUR PHONES (AND YOURSELF)
DURING THE SPEAKER PRESENTATIONS**



Lunch & Afternoon Activities – Fellowship Hall, unless otherwise noted

12:15 p.m.

WEEKLY LUNCH DRAWING, ANNOUNCEMENTS, AND PRAYER/INSPIRATIONAL THOUGHT

Add your name to the LEOH bowl the first time you attend (just once only, not each week thereafter)! Each Thursday, a name will be drawn, and the lucky winner will enjoy a free lunch that day. Last week’s winner was *Kris Lloyd*!

LUNCH – Coordinators Patsy Frederick & Sandra Williams, Treasurer Rosalie Thurbon

Enjoy a sub from **Firehouse Subs**, plus a salad, drink, and ice cream cup! All for \$8. You may pay anytime, but preferably not during speaker presentations. You will receive a lunch “ticket” when you pay, and you will then turn in the ticket to the assigned member of the “kitchen crew” when you pick up your food. These returned tickets will assist our treasurer when tallying lunch receipts vs any donations. New members attending for the first time will enjoy a free lunch.

12:30-3:30 p.m. YEAR-ROUND BRIDGE (Room 131)

Coordinator: Pat Roberts

12:45 p.m. SOCIAL BRIDGE (Fellowship Hall)

Coordinator: Paula Koehn

1:00-2:00 p.m. SPANISH CLASS (Room 123)

Instructor: Ana Moore

1:00-3:00 p.m. WATERCOLOR PAINTING (Room 122)

Instructor: Marie Schaer

1:00-3:00 p.m. EVERYTHING YARN & THREAD (Fellowship Hall)

Instructor: Mary Mahon

Enjoy working on an individual needlework project. If you want to learn a new skill or just observe, you are welcome to join them!

1:00-3:00 p.m. GAMES/TABLE TALK (Fellowship Hall)

Bring your favorite game (Scrabble, Rummikub, etc.) to play with fellow members, or join others to relax and enjoy a round-table discussion on topics of interest.

CARING THOUGHTS Your kind thoughts can be sent to another by way of an appropriate card on LEOH's behalf, upon your request. Please contact **Kelly Cervenka, Vice-President and Coordinator** at kcervenka39@gmail.com; 281-814-6721

TRIPS **Ann Fairchild, Coordinator** – fairann@sbcglobal.net; 281-686-1325

Complete details/firm dates as they become available will be on our website, at meetings, and in emails; sign-up will be closer to the dates. Transportation is by bus unless otherwise noted.

Wednesday, April 22 (Earth Day) - Artist Boat & Coastal Heritage Preserve in Galveston

NOTE: Trip is fully booked – contact Ann to be placed on the wait list

Wednesday, May 20 - Galveston Railroad Museum

June 10 or 11 – Brookwood Community

Week of July 20-24 - Amazon Distribution Center

BOOKS/DISPLAY TABLES **Vickie Fella, Coordinator** vickiesue.fella@gmail.com

Borrow a book and return it when done for others to enjoy. Display table items are free to keep (except books). Feel free to donate books, as well as new or lightly used items for the table.

NOTE: Please keep the carted books in strict alphabetical order to assist everyone in finding books by author.

SERVICE PROJECT **Nina Quartaro, Coordinator** - ninabq@aol.com; 281-507-0224

Service projects allow us to assist those in need in our surrounding communities. This Spring we can donate items/funds for **The Women's Home**, which serves women in our community who have had unfortunate and often abusive backgrounds. Nina elaborated on this worthy organization last week. Please contact her for additional details. A copy of the following list of requested items is available for pickup (for your shopping convenience) at the donation box.



Unopened makeup

Unopened lotions

Sample-sized cosmetics

Gum & Mints

Lip Balm

Daily devotional materials

Bath sponges/brushes

Reading glasses

Tampons

QUESTIONS OR COMMENTS ABOUT LEOH? There are several options!

Contact LEOH President David Martin through the Bellaire UMC Office: 713-666-2167; Leave a comment on our LEOH website leohexas.org (your comments are confidential); Take advantage of our *Suggestion Box* – cards and pens are available at each table. Jot down your thoughts (anonymously if desired) and drop a card in the Box on the display table. We welcome your thoughts on how to make LEOH better. Speaker suggestions and topics are also very welcome!

FROM LAST WEEK: LEOH PRESIDENT DAVID MARTIN welcomed everyone.

- Lunch last week included a fresh garden salad with choice of dressing, and as always, ice cream for dessert!
- Ann Fairchild discussed upcoming field trips. At this time, the Precinct One bus will be available each month for transport, an added benefit for travelers!
- From the Suggestion Box – several suggestions were received and will be addressed by the board. Topics included speakers/topics, lunch, and a fond remembrance of LEOH President Ken Euler, who passed away in late 2024.
- Mark Polhemus shared the “Ten Commandments for Seniors” and a prayer prior to lunch. Copies of the “Commandments” will be available this week.

LAST WEEK'S SPEAKERS



THE ROSE
Chris Noble
Director of Corporate
and
Community Relations



**WORLD AFFAIRS COUNCIL,
GREATER HOUSTON**
Ronan O'Malley
Chief Programs Officer,
Director of Global Affairs &
U.S. Foreign Policy Institute

Chris's slide presentation may become available to us; if so, it will be emailed to members. She also left some informational pamphlets with us, which can be found on the display table. Learn much more on their website THEROSE.COM

Ronan's slide presentation may become available to us; if so, it will be emailed to members. Ronan left reference materials with us, including their upcoming speaking schedule, and information on joining trips to other countries. Visit WACHOUSTON.ORG.

NEXT WEEK'S SPEAKERS (APRIL 16) – provided by Kelly Cervenka and Heide Vukovic

10:00-11:00 a.m. WHAT'S UP HOUSTON

VISION CARE

Dr. Ashley Tucker, FAAO, FSLs, Diplomate, ABO, Therapeutic Optometrist, Director of the Contact Lens Institute of Houston, a branch of Bellaire Family Eye Care, describes conditions that affect eye health and vision, particularly as we age, and discusses various treatments and advances in eye care.

11:15-12:15 p.m. TOWN HALL

HEALTHY AGING

Maureen Beck, UT Physicians Center for Healthy Aging, tells us what we can do to improve our quality of life as seniors.