

LEOH (Life Enrichment of Houston)

November 6, 2025 Newsletter



WELCOME to LEOH's Final Fall Meeting Fellowship Hall, Bellaire UMC

Party Time!



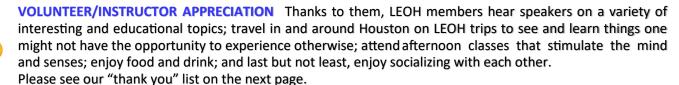








12:00 p.m.



12:10 p.m.

LUNCH Following a lunch blessing from Bellaire UMC Senior Pastor Nathan Lonsdale Bledsoe,

everyone will enjoy a BBQ baked potato provided by **Old Hickory Inn**. A special homemade dessert and ice cream will complete the meal.

1:00 p.m. 1:00 p.m. **SOCIAL BRIDGE (Fellowship Hall)** coordinator Paula Koehn YEAR-ROUND BRIDGE (Room 131) coordinator Pat Roberts

1:00 p.m. **CHAT TABLES (Fellowship Hall)**



A Few Words About Last Week, Plus a Huge THANK YOU to LEOH members!

~ Speaker Gerry Aitken, Speakers Bureau, MFAH, shared fascinating details about certain artistic floral works, including the meaning behind added details, such as insects and fruit, to floral works of art. Floral displays were viewed on a variety of media, including a guilt, pitcher, card table with applique top, and the large 3-paneled Tiffany work on permanent display in the museum. Members then enjoyed a guessing game regarding the number of flowers, fruit, and insects in one particular painting. The two winners will enjoy a private tour with each bringing 3 others of their choosing, with Gerry at Bayou Bend.

~ Speaker Sally Davis, RN/BSN, Clinical Training Specialist, Amazing Place, explained the importance of maintaining our hearing and vision senses as we age, to stay mentally sharp. She stressed the importance of not just having these aids, but to wear them as much as possible to connect with others and our surroundings. Last but not least, she stressed the importance of a healthy diet and weight.

~ Thank you, LEOH members! Thanks to your generosity, LEOH will be making a sizable monetary donation to Healthcare for the Homeless—Houston (HHH). This Thursday is the last day to donate.

Upcoming LEOH Trips—trip coordinator Ann Fairchild

Wednesday, November 12: St. Martin's Episcopal Church, 717 Sage Road (travel by car/carpool) Enjoy a guided tour of its beautiful architecture, stained glass, and gardens. Lunch will follow. Thursday, December 4: Christmas Lunch & Toy Drive (travel by car/carpool) Bring a toy and enjoy lunch/dinner/bar menu choices at 11:30 a.m. at Candelari's, 2617 W. Holcombe, on their covered and heated patio.

Ann may be contacted at fairann@sbcglobal.net or 281-686-1325. If a trip quota has been filled, your name may be placed on a waiting list in case of a member's cancellation.

Caring Thoughts Corner

Kelly Cervenka, our VP and LEOH Member Care Coordinator, will send an appropriate card on LEOH's behalf upon your request. Contact Kelly at 281-814-6721, or kcervenka39@gmail.com.





President

LEOH (Life Enrichment of Houston)

November 6, 2025 Newsletter (continued)





LEOH BOARD

David Martin

Vice-President Kelly Cervenka

Treasurer Rosalie Thurbon

Secretary Jennifer Stone

Board Members Judy Bristol

Jim Burrough
Ann Fairchild
Vickie Fella
Patsy Frederick
Nina Quartaro
Jane Shinn
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LEOH VOLUNTEERS/INSTRUCTORS

Speaker Committees Coordinator: Kelly Cervenka

Speaker Committee: What's Up Houston?

Jim Burrough, Kelly Cervenka, Heide Vukovic

Speaker Committee: Town Hall

Judy Bristol, Vickie Fella, Jan Meyer

Refreshments, Lunch Arrangements:

Co-Chairs Patsy Frederick & Sandra Williams;

Joe Frederick, Bill Grimes, Julie Larson,

Jennifer Stone, Tom Williams

Lunch Assistance/Cleanup: Maryann Barthelemy, Lynn Mayfield,

Britt Mayo, Diana Mayo

Lunch & Donation Receipts: Rosalie Thurbon

Registration Coordinators: Jane Shinn, Rosalie Thurbon

Trips: Ann Fairchild

Vaccination Scheduling/Registration: Julie Larson

Member Care Coordinator: Kelly Cervenka Publications/Book Carts: Vickie Fella

Spanish Instructor: Ana Moore

Watercolor Art Class Instructor: Marie Schaer

THANK YOU, BELLAIRE UMC

The church continues to offer LEOH a welcoming meeting place, thanks to its wonderful staff and church leaders.

Thank you, Danny, for assisting with set-up needs.

Thank you, Terrill, for providing church security.

Thank you, Elizabeth (Bellaire UMC Business Administrator) for coordinating the many tasks that allow us to enjoy our morning and afternoon activities each week!

Thank you, Bellaire UMC Pastors, for your prayers and continued support of LEOH.

SPRING 2026 REGISTRATION & CLASSES

(The mailed/emailed/website Spring Brochure 2026 will provide complete details)

| March 12 | Registration | April 9 | Class 4 |
|----------|--------------|----------|---------|
| March 19 | Class 1 | April 16 | Class 5 |
| March 26 | Class 2 | April 23 | Class 6 |
| April 2 | Class 3 | April 30 | Class 7 |

May 7 is PARTY TIME!

Questions or Comments?