



LEOH (Life Enrichment of Houston)

November 6, 2025 Newsletter



WELCOME to LEOH's Final Fall Meeting
Fellowship Hall, Bellaire UMC

Party Time!



10:30 a.m.



WATERCOLOR ART, CRAFTS, and HOLIDAY MARKET SET-UP Artist/instructor Marie Schaer's watercolorist students will set up their artwork display for everyone to enjoy. If you are into stitchery such as quilting or crocheting, woodworking, ceramics, or other artistic endeavors, please consider bringing one or more of your pieces to exhibit. **Artisans:** please tag your work with your name, so we can know who to compliment! Items that you choose to bring for the **Holiday Market** sale, hosted by member Nina Quartaro, will be sorted and displayed by price category. All sale proceeds will go to LEOH.

10:45 a.m.



VIEW THE ARTWORK AND CRAFTS, FIND ITEMS AT THE HOLIDAY MARKET TO SPARK JOY, AND ENJOY VISITING WITH YOUR FELLOW MEMBERS Everyone is invited to enjoy coffee/tea and light refreshments as you peruse the displays and sale items, and enjoy chatting with your fellow LEOH members.

12:00 p.m.



VOLUNTEER/INSTRUCTOR APPRECIATION Thanks to them, LEOH members hear speakers on a variety of interesting and educational topics; travel in and around Houston on LEOH trips to see and learn things one might not have the opportunity to experience otherwise; attend afternoon classes that stimulate the mind and senses; enjoy food and drink; and last but not least, enjoy socializing with each other. Please see our "thank you" list on the next page.

12:10 p.m.

LUNCH Following a lunch blessing from Bellaire UMC Senior Pastor **Nathan Lonsdale Bledsoe**, everyone will enjoy a BBQ baked potato provided by **Old Hickory Inn**. A special homemade dessert and ice cream will complete the meal.



1:00 p.m.

SOCIAL BRIDGE (Fellowship Hall) coordinator Paula Koehn

1:00 p.m.

YEAR-ROUND BRIDGE (Room 131) coordinator Pat Roberts

1:00 p.m.

CHAT TABLES (Fellowship Hall)



A Few Words About Last Week, Plus a Huge THANK YOU to LEOH members!

~ Speaker **Gerry Aitken**, Speakers Bureau, **MFAH**, shared fascinating details about certain artistic floral works, including the meaning behind added details, such as insects and fruit, to floral works of art. Floral displays were viewed on a variety of media, including a quilt, pitcher, card table with applique top, and the large 3-paneled Tiffany work on permanent display in the museum. Members then enjoyed a guessing game regarding the number of flowers, fruit, and insects in one particular painting. The two winners will enjoy a private tour with each bringing 3 others of their choosing, with Gerry at Bayou Bend.

~ Speaker **Sally Davis**, RN/BSN, Clinical Training Specialist, **Amazing Place**, explained the importance of maintaining our hearing and vision senses as we age, to stay mentally sharp. She stressed the importance of not just having these aids, but to wear them as much as possible to connect with others and our surroundings. Last but not least, she stressed the importance of a healthy diet and weight.

~ **Thank you, LEOH members!** Thanks to your generosity, LEOH will be making a sizable monetary donation to **Healthcare for the Homeless—Houston (HHH)**. This Thursday is the last day to donate.

Upcoming LEOH Trips—trip coordinator Ann Fairchild

Wednesday, November 12: St. Martin's Episcopal Church, 717 Sage Road (travel by car/carpool)

Enjoy a guided tour of its beautiful architecture, stained glass, and gardens. Lunch will follow.

Thursday, December 4: Christmas Lunch & Toy Drive (travel by car/carpool)

Bring a toy and enjoy lunch/dinner/bar menu choices at 11:30 a.m. at **Candelari's**, 2617 W. Holcombe, on their covered and heated patio.

Ann may be contacted at fairann@sbcglobal.net or **281-686-1325**. If a trip quota has been filled, your name may be placed on a waiting list in case of a member's cancellation.

Caring Thoughts Corner

Kelly Cervenka, our VP and LEOH Member Care Coordinator, will send an appropriate card on LEOH's behalf upon your request. Contact Kelly at **281-814-6721**, or kcervenka39@gmail.com.



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November 6, 2025 Newsletter (continued)



Thank You!

LEOH BOARD

President	David Martin
Vice-President	Kelly Cervenka
Treasurer	Rosalie Thurbon
Secretary	Jennifer Stone
Board Members	Judy Bristol Jim Burrough Ann Fairchild Vickie Fella Patsy Frederick Nina Quartaro Jane Shinn Sandra Williams

LEOH VOLUNTEERS/INSTRUCTORS

Speaker Committees Coordinator: Kelly Cervenka
 Speaker Committee: *What's Up Houston?*
 Jim Burrough, Kelly Cervenka, Heide Vukovic
 Speaker Committee: *Town Hall*
 Judy Bristol, Vickie Fella, Jan Meyer
 Refreshments, Lunch Arrangements:
 Co-Chairs Patsy Frederick & Sandra Williams;
 Joe Frederick, Bill Grimes, Julie Larson,
 Jennifer Stone, Tom Williams
 Lunch Assistance/Cleanup: Maryann Barthelemy, Lynn Mayfield,
 Britt Mayo, Diana Mayo
 Lunch & Donation Receipts: Rosalie Thurbon
 Registration Coordinators: Jane Shinn, Rosalie Thurbon
 Trips: Ann Fairchild
 Vaccination Scheduling/Registration: Julie Larson
 Member Care Coordinator: Kelly Cervenka
 Publications/Book Carts: Vickie Fella
 Spanish Instructor: Ana Moore
 Watercolor Art Class Instructor: Marie Schaer

THANK YOU, BELLAIRE UMC

The church continues to offer LEOH a welcoming meeting place,
 thanks to its wonderful staff and church leaders.

Thank you, **Danny**, for assisting with set-up needs.

Thank you, **Terrill**, for providing church security.

Thank you, **Elizabeth** (Bellaire UMC Business Administrator) for coordinating the many tasks
 that allow us to enjoy our morning and afternoon activities each week!

Thank you, Bellaire UMC **Pastors**, for your prayers and continued support of LEOH.

SPRING 2026 REGISTRATION & CLASSES

(The mailed/emailed/website Spring Brochure 2026 will provide complete details)

March 12	Registration	April 9	Class 4
March 19	Class 1	April 16	Class 5
March 26	Class 2	April 23	Class 6
April 2	Class 3	April 30	Class 7

May 7 is PARTY TIME!

Questions or Comments?

LEOH President David Martin can be reached at the Bellaire UMC Office: 713-666-2167
 Place a note (anonymous if you wish) in our Suggestion Box (on the display table at LEOH meetings);
 or access leohouston.org, click on CONTACT US, and submit your thoughts