



LEOH (Life Enrichment of Houston)

September 25, 2025 Newsletter

WELCOME to FALL at LEOH - Our 45th Year!
Fellowship Hall, Bellaire UMC



WELCOME, NEW MEMBERS!

Kim Adkins, Lynda Collins, Donna Couch, Jan & Bob Delery, Irmi Glockner, Barbara Haley, Lynn Mason, Shari Mauthner, Mark Polhemus, Jill Prugar, and Judith Richards

Thank you for joining us! We hope you enjoy what we have to offer.
We also welcome your feedback on how we can make LEOH even better.

MORNING ACTIVITIES AND SPEAKERS, BEGINNING AT 9:30 a.m. — FELLOWSHIP HALL

REGISTRATION TABLE: Registration is ongoing. New and returning members who still need to register for this Fall can do so at the registration table just outside Fellowship Hall, in the Welcome Center. Current members can also pick up their name tag at the table. New members will receive permanent name tags soon.

REFRESHMENTS (coffee, tea, water, snacks) are available to everyone prior to and between speakers.

10:00 a.m. WHAT'S UP HOUSTON? Chris Swanson, Executive Producer, **Firefox Video**, tells us how we can create heartfelt family documentaries that celebrate life.



11:15 a.m. TOWN HALL: Patrick Glines, CEO, **Guide Dogs of Texas**, describes the process of breeding, raising, and training dogs to guide the blind.



PLEASE remember to silence your phone (and yourself) during the speaker presentations!



LUNCH AND AFTERNOON ACTIVITIES

12:15 p.m. WEEKLY LUNCH DRAWING (Fellowship Hall), ANNOUNCEMENTS, and PRAYER/INSPIRATIONAL THOUGHT

Add your name to the LEOH bowl the first time you attend (just once only, not each week thereafter)! Each Thursday, a name will be drawn, and the lucky winner will enjoy a free lunch. Last week, LEOH member Mary Mahon asked our Town Hall speaker to draw a name, and **Kevin Kinsella** was the winner!

LUNCH (Fellowship Hall)

Enjoy a sub from **Firehouse Subs**, plus a salad, drink, and ice cream for just \$8! (*Donations are welcome, too!*) You can also look forward to some varied menu selections at future meetings this Fall.

12:45 p.m. SOCIAL BRIDGE (Fellowship Hall) coordinator Paula Koehn



12:30-3:30 p.m. YEAR-ROUND BRIDGE (Room 131) coordinator Pat Roberts

1-3:00 p.m. WATERCOLOR PAINTING (Room 122) instructor Marie Schaer



1-1:50 p.m. SPANISH CLASS (Room 123) instructor Ana Moore



1-3:00 p.m. GAMES/CHAT TABLES (Fellowship Hall) Bring your favorite game (Scrabble, Rummikub, etc.) or join fellow members for a round-table discussion of topics of interest





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NOTES from last week's meeting

***President David Martin** welcomed everyone, particularly new members, and recognized the contributions of volunteers who help make LEOH a success. He noted that the church is hosting a drive for the **Food Bank**, and we are welcome to contribute.

***Jim Burroughs**, Speaker committee member, described the challenge of booking speakers, and asked that members please bring ideas to committee members. **Heide Vukovic** was thanked for joining the speaker committee team.

***Julie Larson** reminded everyone of upcoming **vaccinations**, and the need to sign up in advance to select desired vaccinations, as well as complete the consent form prior to arriving on *October 16th*.

***Ann Fairchild** detailed upcoming trips and the opportunity to sign up.

***Nina Quartaro** provided details on the **Holiday Market**, which will occur at our last get-together on **Party Day, October 30**. Bring appropriate boxes/bags with your sale items for "customers" to use to accompany their purchased items. For example, provide an appropriate small gift box (available at dollar stores) if selling a piece of jewelry.

***Vickie Fella** gave a brief presentation to acquaint members with the HHH service project and ways to donate.

TRIPS—Coordinator Ann Fairchild

Wednesday, October 1: KPRC Channel 2—Travel by car/carpool to the station for a 1-hr guided tour, followed by lunch at *Los Tios*. NOTE: This is a repeat trip. The first visit was extremely interesting and enjoyable, so sign up!

Tuesday, October 14: Heritage Society at Sam Houston Park

Travel by Precinct One bus downtown for a 2-hour tour of 3 historic homes, then enjoy lunch at *Pappas BBQ*.

November & December are in the planning stages. Details will be available as soon as Ann finalizes them. Contact Ann at [281-686-1325](tel:281-686-1325) or fairann@sbcglobal.net. Add your name to a waiting list if a trip quota has been filled.

TWO BOOK CARTS plus DISPLAY TABLES—Coordinator Vickie Fella

The additional cart means more book donations can be happily accepted, with more choices for book-lovers! The display table(s) will continue to offer free items. Everyone is welcome to donate items—they *must be clean and usable*. Feel free to borrow a book or puzzle and *PLEASE return it* when done! Other items are free for the taking.

LEOH FALL SERVICE PROJECT—HEALTHCARE FOR THE HOMELESS—HOUSTON (HHH)

The mission of HHH is to promote health, hope, and dignity for those affected by homelessness. Integrated care clinics throughout Houston focus on healthcare that encompasses medical care, mental health care, addiction counseling, dental and hearing care, transportation, and much more.

We will hear from the HHH representative in late October. To maximize donations to this worthy organization, LEOH treasurer **Rosalie Thurbon** is accepting monetary donations, throughout our fall session. To donate specific items, you can do so via their website, by clicking on the **Amazon Wishlist** tab.



VACCINATIONS—SIGN UP BY OCTOBER 9; VACCINES ON OCTOBER 16



Randall's pharmacists will be in the Parlor, beginning at 9:15 a.m., to administer vaccines of your choice. Please sign up at the registration table and take an authorization form home to complete and return on the 16th.

HOLIDAY MARKET

Nina Quartaro will once again host this popular event during Party Day. Exhibit your crafty items or other items for sale (\$1and up), with all proceeds going to LEOH.

CARING THOUGHTS CORNER

Kelly Cervenka, our VP and Member Care Coordinator, can send an appropriate card on LEOH's behalf to a family member, at your request. Contact Kelly at 281-814-6721, or kcervenka39@gmail.com.

NEXT WEEK'S SPEAKERS

10:00: Angela Roth, Speakers Bureau, **The Herb Society of America, South Texas Unit**, tells us about the organization's dedication to promoting the knowledge, use and delight of herbs, particularly the top five herbs in Houston.

11:15: Anne Wilson and her daughter **Meredith Montgomery** relate Anne's mother's memories from her **internment** that began shortly after Japan's bombing of Pearl Harbor.





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Kelly Klein

Development Director

**Easter Seals
Greater Houston**

Speakers from last week's meeting

Brittany Wilmore

Community Engagement
Director

ABC13/KTRK-TV



Easter Seals Greater Houston (ESGH) was founded in 1946. The name originated from buying special seals to add to envelopes and letters, to help fund the organization. ESGH serves veterans and others with all types of disabilities, as well as their families, through multiple life-changing services and programs. Their staff of over 240 professionals serve more than 14,500 annually in Houston and 13 surrounding counties. They also reach more than 35,000 monthly via program websites. More than 91% of monies goes to direct client services. They provide early childhood intervention, therapy, camps, and family days. The Caroline School provides extensive services to children with multiple disabilities. BridgingApps.org serves as a shortcut to find apps for specific special needs. Learn more at EasterSealsHouston.org. You may also find them on [FaceBook](https://www.facebook.com/EasterSealsHouston).

ABC13/KTRK-TV was launched November 20, 1954; therefore, they have provided programming for over 70 years. They began broadcasting on the University of Houston campus, before moving to 3310 Bissonnet a few years later. The building's structure inspired Judge Roy Hofheinz to direct an architect to base the new Astrodome on its design. ABC13 reaches 20,000 square miles across 20 counties. Marvin Zindler and Dave Ward were considered institutions and the faces of ABC13 for many years. Currently, there are 13 hours of programming daily of live and local news via TV and streaming. The many facets of programming include on-air, production, marketing, graphics, sales, and community engagement through events such as blood drives, parades, and Share Your Holidays food drive, benefiting the Houston Food Bank. Find them at ABC13.com and [FaceBook](https://www.facebook.com/abc13).



Everyone enjoyed the floral arrangements, which were exceptionally beautiful.

Happy Birthday wishes went to LEOH member **Paula Koehn!**

It was a milestone birthday, and she was happy to share her lovely birthday flowers with everyone.



LEOH member **Mary Mahon** displayed her stitchery talents by providing the pretty yellow crocheted doilies.

Julie Larson shared the following inspirational thoughts, just prior to lunch.

Look up today! Whether than means enjoying fall leaves, watching the birds in the bird feeder, sitting in quiet to listen to some great music, or reading a book or poetry that lifts up your soul. **MAKE TIME FOR BEAUTY.** And don't make time for it because it's "useful", but simply because it's beautiful. It's worth it. And so are you.

"Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things"

Philippians 4:8

Questions or Comments?

LEOH President David Martin can be reached at the Bellaire UMC Office, at 713-666-2167; Place a note (anonymous if you wish) in our Suggestion Box (on the display table at LEOH meetings); or access leohtexas.org, click on CONTACT US, and submit your thoughts