



LEOH (Life Enrichment of Houston)



WELCOME to FALL at LEOH - Our 45th Year!
Fellowship Hall, Bellaire UMC



IN MEMORIAM



We remember and miss these LEOH members we have lost in the past few months
Harry Bristol, Luke Howe, and Harold Kingham

WELCOME, NEW MEMBERS!

Kim Adkins, JoAnn Clark, Lynda Collins, Donna Couch, Jan & Bob Delery, Irmi Glockner, Barbara Haley, Lynn Mason, Karen Matlock, Shari Mauthner, Mark Polhemus, Jill Prugar, and Judith Richards

Thank you for joining us! We hope you enjoy what we have to offer.
We also welcome your feedback on how we can make LEOH even better.

MORNING ACTIVITIES AND SPEAKERS, BEGINNING AT 9:30 a.m. — FELLOWSHIP HALL

REGISTRATION TABLE: Registration is ongoing. New and returning members who still need to register for this Fall can do so at the registration table in the Welcome Center. Current members can also pick up their name tag at the table. New members will receive permanent name tags soon.

REFRESHMENTS (coffee, tea, water, snacks) are available to everyone prior to and between speakers.

10:00 a.m. WHAT'S UP HOUSTON? Angela Roth, Speakers Bureau, The Herb Society of America, South Texas Unit, tells us about the organization's dedication to promoting the knowledge, use and delight of herbs, particularly the top five herbs in Houston.

11:15 a.m. TOWN HALL: The scheduled speakers regrettably had to cancel their presentation. We look forward to rescheduling them in the future. Our speaker committee members are working together to fill this week's time slot with another interesting speaker and topic.



PLEASE remember to silence your phone (and yourself) during the speaker presentations!



LUNCH AND AFTERNOON ACTIVITIES

12:15 p.m. WEEKLY LUNCH DRAWING (Fellowship Hall), ANNOUNCEMENTS, and PRAYER/INSPIRATIONAL THOUGHT

Add your name to the LEOH bowl the first time you attend (just once only, not each week thereafter)! Each Thursday, a name will be drawn, and the lucky winner will enjoy a free lunch. Last week, our Town Hall speaker was asked to draw a name, and **Marney Caldwell** was the winner!

LUNCH (Fellowship Hall)

Enjoy a sub from **Firehouse Subs**, plus a salad, drink, and ice cream for just \$8! (*Donations are also welcome*) You can also look forward to some varied menu selections at future meetings this Fall.

12:45 p.m. SOCIAL BRIDGE (Fellowship Hall) coordinator Paula Koehn

12:30-3:30 p.m. YEAR-ROUND BRIDGE (Room 131) coordinator Pat Roberts

1-3:00 p.m. WATERCOLOR PAINTING (Room 122) instructor Marie Schaer

1-1:50 p.m. SPANISH CLASS (Room 123) instructor Ana Moore



1-3:00 p.m. GAMES/CHAT TABLES (Fellowship Hall) Bring your favorite game (Scrabble, Rummikub, etc.) or join fellow members for a round-table discussion of topics of interest





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October 2, 2025 Newsletter (continued)



Chris Swanson
Executive Producer
Firefox Video

Chris discussed his work producing videos for the business community. He also discussed his previous work with Channels 2 and 13 newscasters, and shared some example videos. The sights, sounds, and movements illustrated the benefits of video memories of loved ones. LEOH member Paula Koehn (pictured with Chris) realized that she had taught Chris in grade school! Learn more at FireFoxVideoProduction.com.

LAST WEEK'S SPEAKERS

Patrick Glines
CEO
Guide Dogs of Texas

Patrick was accompanied by **Tink**, a guide dog in training. He described the criteria to select and train Labrador Retriever puppies that possess the appropriate temperament and skills. Once trained, a dog will be paired with its human partner for approximately 7 years. Unfortunately, the wait time for a legally blind person to receive a guide dog is generally 3 years. Click on GuideDogsOfTexas.org or find them on [FaceBook](https://www.facebook.com/guidedogsoftexas) for much more information.



TRIPS—Coordinator Ann Fairchild

Wednesday, October 1: KPRC Channel 2

Travel by car/carpool to the station for a 1-hr guided tour, followed by lunch at *Los Tios*.

Tuesday, October 14: Heritage Society at Sam Houston Park

Travel by Precinct One bus downtown for a 2-hour tour of 3 historic homes, then enjoy lunch at *Pappas BBQ*.

Wednesday, November 12: Travel by car/carpool to St. Martin's Episcopal Church, 717 Sage, to admire its beautiful architecture, stained glass, and more during a guided tour. Lunch will follow.

December is in the planning stages. Details will be available as soon as Ann finalizes them.

Trip signup: Contact Ann at **281-686-1325** or fairann@sbcglobal.net. Add your name to a waiting list as needed.

TWO BOOK CARTS plus DISPLAY TABLES—Coordinator Vickie Fella

The additional cart means more book donations can be happily accepted, with more choices for book-lovers! The display table(s) will continue to offer free items. Everyone is welcome to donate items—they *must be clean and usable*. Feel free to borrow a book or puzzle and PLEASE return it when done! Other items are free for the taking.

LEOH FALL SERVICE PROJECT—HEALTHCARE FOR THE HOMELESS—HOUSTON (HHH)

The mission of HHH is to promote health, hope, and dignity for those affected by homelessness. Integrated care clinics throughout Houston focus on healthcare that encompasses medical care, mental health care, addiction counseling, dental and hearing care, transportation, and much more.

We will hear from the HHH representative later this month. To maximize donations to this worthy organization, LEOH treasurer **Rosalie Thurbon** is accepting monetary donations, throughout our fall session.

To donate specific items, you can do so via their website, by clicking on the **Amazon Wishlist** tab.



VACCINATIONS—SIGN UP BY NEXT WEEK, OCTOBER 9; VACCINES ON OCTOBER 16



Randall's pharmacists will be in the Parlor, beginning at 9:15 a.m., to administer vaccines of your choice. Please sign up at the registration table and take an authorization form home to complete and return next week.

HOLIDAY MARKET

Nina Quartaro will once again host this popular event during Party Day. Exhibit your crafty items or other items for sale (a few dollars or more), with all proceeds going to LEOH.

CARING THOUGHTS CORNER

Kelly Cervenka, our VP and Member Care Coordinator, can send an appropriate card on LEOH's behalf to a family member, at your request. Contact Kelly at 281-814-6721, or kcervenka39@gmail.com.

NEXT WEEK'S SPEAKERS

10:00: Ruth Lopez Turley, Director, **Kinder Institute for Urban Research**, shares the findings of their latest Houston Area Survey of the issues most important to residents.

11:15: Misty Gunn, Emergency Operations Center (EOC) Manager, Harris County Office of Homeland Security & Management, (based at TranStar) tells us how to be prepared if disaster strikes.



Questions or Comments?

LEOH President David Martin can be reached at the Bellaire UMC Office, at 713-666-2167; Place a note (anonymous if you wish) in our Suggestion Box (on the display table at LEOH meetings); or access leohtexas.org, click on CONTACT US, and submit your thoughts