



# LEOH (Life Enrichment of Houston)

September 18, 2025 Newsletter

**WELCOME to FALL at LEOH - Our 45th Year!**  
Fellowship Hall, Bellaire UMC



## IN MEMORIAM



We fondly remember the LEOH members we've lost since last Fall  
LEOH President Ken Euler, Spanish instructor Maura Rodriguez, Leon Ullrich Jr., and Harry Bristol



## WELCOME, NEW LEOH MEMBERS!



Kim Adkins, Irmi Glockner, Barbara Haley, Lynn Mason, Shari Mauthner,  
Mark Polhemus, Jill Prugar, and Judith Richards

We know you will enjoy LEOH! We are happy you are joining us, and welcome your feedback.

## MORNING ACTIVITIES AND SPEAKERS, BEGINNING AT 9:30 a.m. — FELLOWSHIP HALL

**REGISTRATION TABLE:** Registration is ongoing! New and returning members who still need to register for this Fall can do so at the registration table just outside Fellowship Hall, in the Welcome Center. Current members can also pick up their name tag at the table. New members will receive their name tags soon.

**REFRESHMENTS (coffee, tea, water, snacks)** are available to everyone prior to and between speakers.



**10:00 a.m. WHAT'S UP HOUSTON?** Kelly Klein, Development Director, **EASTER SEALS GREATER HOUSTON**, and Cristen Carson Reat, Co-Founder and Program Director, **BridgingApps.org**, discuss the service programs offered to disabled individuals and their families, throughout every stage of life.

**11:15 a.m. TOWN HALL:** Brittany Wilmore, Director, Community Engagement, **ABC13/KTRK-TV**, shares its history, how TV/local news is changing, and the station's community efforts.



**PLEASE remember to silence your phone (and yourself) during the speaker presentations!**



## LUNCH AND AFTERNOON ACTIVITIES

**12:15 p.m. WEEKLY LUNCH DRAWING (Fellowship Hall), ANNOUNCEMENTS, and PRAYER/INSPIRATIONAL THOUGHT**

Add your name to the LEOH bowl the first time you attend (just one time only, not each week thereafter)! Each Thursday, a name will be drawn, and the lucky winner will enjoy a free lunch!



### LUNCH (Fellowship Hall)

Enjoy a sub from **Firehouse Subs**, plus a salad, drink, and ice cream for just \$8! (Donations are welcome, too!) You can also look forward to some varied menu selections at future meetings this Fall.

**12:45 p.m. SOCIAL BRIDGE (Fellowship Hall)** coordinator Paula Koehn



**1:00 p.m. YEAR-ROUND BRIDGE (Room 131)** coordinator Pat Roberts

**1-3:30 p.m. WATERCOLOR PAINTING (Room 122)** instructor Marie Schaer



**1-1:50 p.m. SPANISH CLASS (Room 123)** instructor Ana Moore



**1-3:00 p.m. GAMES/CHAT TABLES (Fellowship Hall)** Bring your favorite game (Scrabble, Rummikub, etc.) or join fellow members for a round-table discussion of topics of interest





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## September 18, 2025 Newsletter (continued)



### TRIPS—Coordinator Ann Fairchild

Ann plans and coordinates monthly trips, either by Precinct One bus (when available), or carpool/drive yourself. Travelers can be sure they will enjoy the trip and learn something new and interesting, thanks to her planning skills.

**Wednesday, September 17: KPRC Channel 2**—Travel by Precinct One bus to the station for a 1-hr guided tour, followed by lunch at *Los Tios*. A drive yourself/carpool repeat tour and lunch is planned for **Wednesday, October 1**.

**Tuesday, October 14: Heritage Society at Sam Houston Park**

Travel by Precinct One bus downtown for a 2-hour tour of 3 historic homes, then enjoy lunch at *Pappas BBQ*.

**Trip Details:** These will be available as soon as Ann finalizes them. Ann may be contacted at **281-686-1325** or [fairann@sbcglobal.net](mailto:fairann@sbcglobal.net). Add your name to a waiting list if a trip quota has been filled.



### BOOK CARTS and DISPLAY TABLE—Coordinator Vickie Fella



LEOH now has a 2nd book cart! This means more book donations can be accepted, with more choices for book-lovers. Improving the method of finding a book you want will be a work in progress this session.

The display table(s) will continue to offer free items. Everyone is welcome to donate items—they must be clean and usable.

Feel free to borrow a book or puzzle and PLEASE return it when done! Other items are free for the taking.

### LEOH FALL SERVICE PROJECT—HEALTHCARE FOR THE HOMELESS—HOUSTON (HHH)

We will hear from a HHH representative in late October. The mission of HHH is to promote health, hope, and dignity for those affected by homelessness. Integrated care clinics throughout Houston focus on healthcare that encompasses medical care, mental health care, addiction counseling, dental and hearing care, transportation, and much more.

To maximize donations to this worthy organization, LEOH treasurer Rosalie Thurbon will accept monetary donations, beginning this week and continuing throughout our fall session. If you prefer to donate specific items, you can do so via their website, by clicking on the *Amazon Wishlist* tab.

A short presentation at this week's meeting, immediately prior to lunch, will elaborate on their mission and needs.

### VACCINATIONS—OCTOBER 16



Randall's pharmacists will be in the Parlor, beginning at 9:15 a.m., to administer vaccines of your choice.

Please sign up at the registration table and take an authorization form home to complete and return on the 16th.

### WEEKLY INSPIRATIONAL THOUGHT/PRAYER

Please consider signing up to offer a prayer or words of inspiration just prior to lunch at one of our meetings.

### HOLIDAY MARKET

Nina Quartaro will once again host this popular event during Party Day.

Exhibit your crafty items or other items for sale, with all proceeds going to LEOH.

### LUNCH TABLE REQUEST

Our fabulous Kitchen Crew members arrive early and leave late each week, after providing us with morning refreshments and lunch. After enjoying their own lunch, they are ready to clean up and store items for the following week. Once you and your tablemates have finished your lunch, please allow them to remove the tablecloths and table settings for cleaning and storage. You are encouraged to continue chatting with your tablemates, so pardon their brief interruption!

### CARING THOUGHTS CORNER

Kelly Cervenka, our VP and Member Care Coordinator, can send an appropriate card on LEOH's behalf to a family member, at your request. Contact Kelly at 281-814-6721, or [kcervenka39@gmail.com](mailto:kcervenka39@gmail.com).

### NEXT WEEK'S SPEAKERS

**10:00: Chris Swanson**, Executive Producer, **Firefox Video**, tells us how to create heartfelt family documentaries that celebrate life.

**11:15: Patrick Glines**, CEO, **Guide Dogs of Texas**, describes the process of breeding, raising, and training dogs to guide the blind.

### Questions or Comments?

LEOH President David Martin can be reached at the Bellaire UMC Office, at 713-666-2167; Place a note (anonymous if you wish), in our Suggestion Box (on the display table at LEOH meetings); or access [leohtexas.org](http://leohtexas.org), click on CONTACT US, and submit your thoughts