

FALL TRIPS Hosted by Ann Fairchild

LEOH offers one-day trips periodically during the year via county bus to places of interest in the greater Houston area. Several carpool or self-drive trips may also be planned. Each trip is generally announced one month in advance via email and on LEOH's website, leohtexas.org.

If you would like to participate in a particular trip, please email Ann at fairann@sbcglobal.net to be included. If you do not have email, please call her at **713-699-9196 (cell 281-686-1325)** each month to learn about upcoming trips. Any payment due (check or cash only) must be paid the day of the trip. Trips include a stop for lunch in the area, which will be an additional cost.

2025 FALL TRIPS: BY PRECINCT ONE BUS



Wednesday, September 17: Enjoy a KPRC Channel 2 studios tour.

Tuesday, October 14: Tour historic homes at the downtown Heritage Society at Sam Houston Park.

Remaining monthly trips for this year are in the planning stages. Finalized details will be available in LEOH's Fall meetings, on our website, and via email from Ann.

LEOH TRIP BY BUS POLICY

- ◆ To ride on a county bus, one must be at least 50 years of age.
- ◆ The bus departs from the large West parking lot across Newcastle from the church. Please be on time!
- ◆ IMPORTANT: Please have the name and phone number of an emergency contact person and a list of current medications with you during the trip.
- ◆ Wheelchairs and walkers are available. Please let Ann know in advance if needed.

DONATIONS WELCOME

Tax deductible donations have kept LEOH from having a deficit at the end of many sessions and are very welcome!

LEOH ON THE INTERNET

Check our website for the latest information regarding LEOH, including updates and changes in the program and trips.

LEOH's website is leohtexas.org

BOOK EXCHANGES, MAGAZINES, ETC.

Add your gently used books to the book cart, and borrow one or more for your reading pleasure! Bring puzzles or other items to share, or find something else of interest to keep.

VISITORS, CLASSES AND LUNCH

Members, please feel free to bring a friend to a LEOH session and/or one of the afternoon activities. Lunch is free for first time visitors. Guest cards are available at the Registration Table to be completed and given to the treasurer in lieu of lunch payment.

LEOH IS AN ALL VOLUNTEER ORGANIZATION

Your energy, skills, and talents can make LEOH a better organization.

Please consider volunteering to help.

Life Enrichment of Houston

(an all-volunteer, non-profit, tax-exempt organization)

Adventures in Learning for Senior Adults

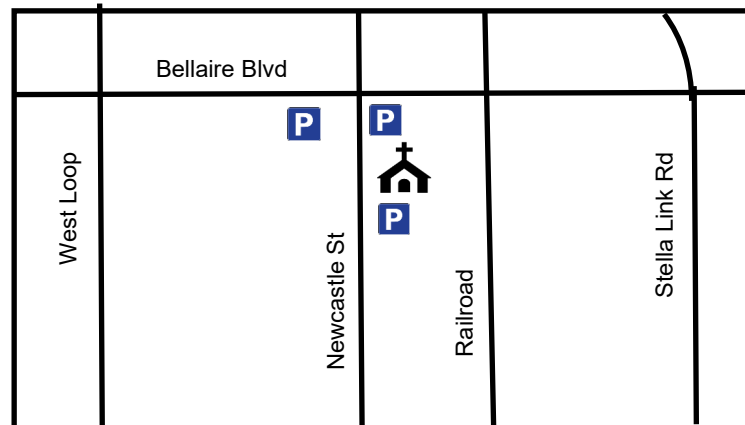


OUR 45th YEAR

WELCOME, from David Martin
LEOH President

FALL 2025 SESSION

Registration	September 11
Classes	September 18, 25 October 2, 9, 16, 23, 30
Party Time	November 6
Location	Bellaire United Methodist Church 4417 Bellaire Blvd Bellaire, Texas 77401



PARKING

Southwest and southeast lots, Bellaire Blvd at Newcastle

INFORMATION

Contact President David Martin at 713-666-2167 (Bellaire UMC)

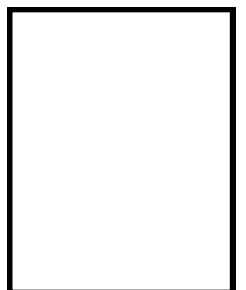
Website—leohtexas.org

**LIFE ENRICHMENT OF
HOUSTON**
Registration: September 11
10 AM – 12 noon
Welcome Center



Location of:

Bellaire United Methodist Church
4417 Bellaire Blvd at Newcastle
Bellaire, Texas 77401





LEOH meets on Thursdays: September 18, 25, October 2, 9, 16, 23, 30, November 6

GENERAL INFORMATION

REGISTRATION: Thursday, September 11— 10:00 AM – 12:00 noon in the Bellaire UMC Welcome Center, or by mail
FEE: **\$25.00** per person—non-refundable
NAME TAGS: Please help us know you by wearing yours! Pick up your tag each week at Registration, and return it as you exit, for safekeeping.
Replacement fee - \$2.00

MORNING CLASSES

The **10:00 AM** and **11:15 AM** classes offer speakers on a variety of topics, places, and events in Harris and surrounding counties; some current, some historical, and all interesting and informative! *Speaker committee members include Judy Bristol, Jim Burrough, Kelly Cervenka, Vickie Fella, Jan Meyer, and Heide Vukovic.*

WHAT'S UP HOUSTON?



Fellowship Hall

10:00—11:00 AM

September 18 **EASTER SEALS GREATER HOUSTON**

Kelly Klein, Development Director, discusses the many service programs it offers to disabled individuals and their families, throughout every stage of life.

September 25 **THE GIFT OF A LIFETIME**

Chris Swanson, Executive Producer, **Firefox Video**, explains the process for creating heartfelt family documentaries that celebrate life.

October 2 **ALL ABOUT HERBS**

Angela Roth, Speakers Bureau, **The Herb Society of America, South Texas Unit**, tells us about the organization's dedication to promoting the knowledge, use and delight of herbs, particularly the top five herbs in Houston.

October 9* **RICE UNIVERSITY KINDER INSTITUTE REPORT**
Ruth Lopez Turley, Rice University, Director, **Kinder Institute for Urban Research**, shares the findings of their latest Houston Area Survey of the issues important to residents.

October 16 **ARTIST BOAT**

Artist Boat is a nonprofit organization whose mission is to promote awareness and preservation of coastal margins and the marine environment through the disciplines of the sciences and the arts.

October 23 **FIRE SAFETY AND CRISIS RESPONSE**
Deacon Tittle, Chief, **Bellaire Fire Department**, presents information on basic home/apartment safety, medical response, and our role.

October 30 **ART IN BLOOM**

Gerry Aitken, Speakers Bureau, **Museum of Fine Arts Houston**, shares fascinating details about artists and their floral works, including wearable art, paintings, and textiles in the MFAH collection.

*Please note that LEOH events normally held in Fellowship Hall will occur in the Family Life Center (Gym) on October 9 only.

TOWN HALL

11:15 AM—12:15 PM



Fellowship Hall

September 18 **INSIDE CHANNEL 13: 70+ YEARS OF SERVICE**

Brittaney Wilmore, Director, Community Engagement, shares the history, how TV/local news is changing, and the station's community efforts.

September 25 **GUIDE DOGS OF TEXAS**

Patrick Glines, CEO, describes the process of breeding, raising, and training dogs to guide the blind.

October 2 **WWII JAPANESE INTERNMENT CAMPS IN AMERICA: A FAMILY PERSPECTIVE**

Anne Wilson and her daughter **Meredith Montgomery** relate Anne's mother's memories from her internment that began shortly after Japan's bombing of Pearl Harbor.

October 9* **READY FOR ANYTHING!**

Misty Gunn, Emergency Operations Center (EOC) Manager, **Harris County Office of Homeland Security & Management** (based at TranStar) tells us how to be prepared if disaster strikes.

October 16 **GALVESTON BAY DOLPHIN RESEARCH**

Vanessa Mintzer, Ph.D., Director of **Dolphin Research & Conservation**, discusses their study of the health, ecology, and behavior of the dolphins in the highly industrialized bay area.

October 23 **HEALTHCARE FOR THE HOMELESS—HOUSTON**

Howard Dabney, M. Psychology, Manager of Programs and Community Outreach, describes their clinic's work and their mission to treat medical and behavioral health through their outreach services.

October 30 **SENSORY HEALTH AND YOUR BRAIN**

Sally Davis, RN, BSN, Training Specialist, **Amazing Place**, explores this fascinating topic.



VACCINATIONS — OCTOBER 16



Covid, flu, and other vaccines will be given by Randall's pharmacists between 9:15—11:15 a.m. Sign-up sheets will be available at registration and the following meetings.



LEOH SERVICE PROJECT



LEOH service projects are always successful, thanks to the generosity of our members!

This fall, we will hear from a representative from the non-profit **Healthcare for the Homeless**, which provides comprehensive medical care to homeless individuals.

Each of us can help through monetary donations at any LEOH meeting, or by donating needed goods via their website's link to the *Amazon Wish List*.

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LUNCH, PLUS DRAWING FOR FREE LUNCH*

12:15 PM—1:00 PM

Fellowship Hall

Price—**\$8.00** buys a sandwich catered by *Firehouse Subs*, with salad, beverage, and ice cream included. Any remaining sandwiches after everyone picks up their initial lunch may be purchased for **\$5.00** each. Lunch selections will change slightly on occasion this Fall, to offer more variety.

Free Lunch On the first Thursday a LEOH member attends, they can place their name in a bowl for a chance to win a free lunch. At the end of each Town Hall presentation a winning name is drawn, with the winner receiving lunch for free that day! You must be present to win!

A lunch blessing and/or inspirational thought is offered by a member or guest just prior to lunch. Consider volunteering your thoughts or a blessing!



NOVEMBER 6—PARTY TIME Fellowship Hall



10:45 AM Artist Gallery, Crafts, Holiday Market, Refreshments

NOON Volunteer Recognition and Appreciation
Presenter: **David Martin, President**

12:15 PM Lunch from Old Hickory Inn— Enjoy a fancy baked potato plus salad, followed by apple pie and ice cream for dessert. Cost is **\$12.00**, prepaid and non-refundable.



WEEKLY AFTERNOON CLASSES*

12:45—3:00 PM **SOCIAL BRIDGE**



Fellowship Hall Coordinator: Paula Koehn

Enjoy bridge, while socializing with your fellow LEOH members. This class is for those who already know how to play bridge.

1:00—3:30 PM **YEAR-ROUND BRIDGE**



Room 131 Coordinator: Pat Roberts

This is a class of dedicated bridge players who play year round.

1:00—1:50 PM **SPANISH**



Room 123 Instructor: Ana Moore

This course is geared toward beginner and conversational Spanish.

1:00—3:30 PM **WATERCOLOR PAINTING**



Room 122

Instructor: Marie Schaer

Fee: \$40.00

Ms. Schaer is an award-winning watercolorist who studied at the Glassell School of Art, and has experience in a range of media, including watercolor. She has won awards in WAS-H shows. One of her paintings was included in the Assistance League of Houston Celebrates Texas 2018 show which was held at Williams Tower.

1:00—3:00 PM **GAMES/CHAT TABLES**

Fellowship Hall Enjoy other card games, or Scrabble, Mah Jongg, Rummikub, etc. Members must provide the cards/games. Or join a chat table to discuss topics of your choice.

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