



LEOH (Life Enrichment of Houston)



April 18, 2024 Newsletter

SPRING at LEOH - Our 43rd Year!

Fellowship Hall, Bellaire UMC



WELCOME, LEOH MEMBERS, TO WEEK 6 OF OUR SPRING SESSION!

Please wear your name tag, to help our new (and old) members know who's who!



MORNING ACTIVITIES AND SPEAKERS, BEGINNING AT 9:30 a.m. — FELLOWSHIP HALL

REGISTRATION TABLE: Members can pick up their name tags at a table inside Fellowship Hall, and then return them as they exit. This can help some of us who might otherwise misplace or lose them at home or elsewhere (a replacement tag costs \$2). The Spring membership log is complete, following last week's review by attendees to catch any errors! Hard copies will be made available to interested members.

REFRESHMENTS (coffee, tea, water, snacks) are available to everyone prior to and between speakers.



10:00 a.m. *WHAT'S UP HOUSTON?* Steve Smith, Board of Directors, **Zoe Empowers**, describes their mission to empower orphaned children and youth-led vulnerable families to overcome poverty, move beyond charity, and experience meaningful lives.

11:15 a.m. *TOWN HALL:* Dr. Jennifer Boswell, Director of Adult Mental Services, **The Harris Center for Mental Health and Intellectual Disabilities (IDD)**, explains their services for those with behavioral and developmental needs. Their programs strive to allow persons to live with dignity as fully participating members of the community, regardless of ability to pay. She will also describe the warning signs of mental illness.



(LEOH members: PLEASE silence your phones (and yourself) to enjoy our speakers!)



LUNCH AND AFTERNOON ACTIVITIES (FELLOWSHIP HALL)

12:15 p.m. *WEEKLY LUNCH DRAWING ANNOUNCEMENTS, and PRAYER/INSPIRATIONAL THOUGHT*
On the first Thursday that a member attends, they may add their name to the LEOH bowl upon arrival that morning. Each Thursday, the lucky person whose name is drawn by our Town Hall speaker will enjoy a free lunch. **Jim Burrough** was the lucky winner last week!



LUNCH (Fellowship Hall)

Enjoy a sub, along with a cookie and chips, from **Firehouse Subs**, plus a drink and ice cream cup! All for \$7 (donations are always welcome, too)! Purchase a remaining lunch for \$3.

DON'T FORGET: Now is the time to confirm your **Party Time** lunch reservation for a "fancy" baked potato, salad, and special dessert! Check the list at the registration table.



12:45 p.m. *SOCIAL BRIDGE (Fellowship Hall)* coordinator Paula Koehn

1:00 p. m. *YEAR-ROUND BRIDGE (Room 131)* coordinator Pat Roberts



1-3:30 p.m. *WATERCOLOR PAINTING (Room 122)* instructor Marie Schaer



1-1:50 p.m. *SPANISH CLASS (Room 123)* instructor Maura Rodriguez





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APRIL 18, 2024 Newsletter (continued)



ANNOUNCEMENTS AND SPEAKER MEMORIES FROM LAST WEEK'S MEETING, APRIL 11

VP Mary Mahon announced that a copy of the LEOH membership log was available at each table for review. Any errors should be noted on the log and given to her or President Ken Euler for correction. Mary then reminded members of the suggestion box - your thoughts on speakers, trips, etc. are appreciated and considered! Mary also reminded members to sign up for the Party Day luncheon, if they had not already done so. Pastor Seann Duffin offered a blessing prior to lunch.



Jeffrey Baldwin, Chaplain, **Houston International Seafarers Center**, explained that there are 60-90 ships in port each day, among more than 200 private and public terminals that operate 24/7. Five full-time and 2 part-time chaplains and volunteers visit 80,000 to 100,000 seafarers annually. Seafarers come from all over the world, with some speaking little or no English; however, they all work well together, and all appreciate Christmas shoeboxes containing a variety of items put together by volunteers. Almost 9,000 Christmas shoeboxes were delivered to seafarers last year. This is a great opportunity for our fall LEOH service project! Stay tuned for details closer to our Fall LEOH session. Chaplain Baldwin may be reached at Jeffrey@houisc.org. Find out more at houstonseafarers.org.

Jim Parsons, Programs Director, **Preservation Houston**, discussed its ongoing non-profit work, which began in the 1970's, in saving our area's irreplaceable architectural and cultural heritage. We saw maps, plans, and photos of early Houston, continuing on through the construction of our freeways, which resulted in demolition of many historic buildings and homes. Many remaining buildings and homes are now being preserved or restored, such as the 1960's era NASA control center that has been refurbished to its original state. Other historic homes and buildings are being restored to their original state on the outside, while the inside is being modernized to enhance safety and functionality. See preservationhouston.org. Click on its **Newsletter** tab to enjoy photos and articles.

TRIPS

Thursday, May 16: HPD Mounted Patrol Facility. Members will travel by Precinct One bus. During the tour, there will be an opportunity to feed the horses. Lunch and a brief stop at **Graffiti Park** near downtown to view the artwork follows the tour.

Wednesday, June 12: Museum of Fine Arts, Rienzi. This drive yourself/carpool outing will include a guided tour of the house and decorative arts collection, with lunch to follow at Mia's Table. Sign-up will begin on May 12 via email notification.

Ann can be contacted at fairann@sbcglobal.net or **281-686-1325**. Your name can be added to a waiting list if a trip quota has been filled. Details and photos from previous trips, as well as information on future trips, can be viewed on our LEOH website, leohtexas.org.

LEOH SPRING SERVICE PROJECT - a Continuing Opportunity to Donate this Spring

Our Town Hall speakers on April 4th discussed the role of the **HAWC (Houston Area Women's Center)** in assisting survivors of sexual and domestic abuse. Our donations can make a huge difference in the lives of these women. The HAWC accepts monetary donations, as well as new clothing items in larger sizes, including yoga pants, tops, pajamas, sports bras and panties; plus toiletries and cleaning supplies. **LEOH will continue to accept donations through our last meeting, so please consider donating!**

MEMBER CARE COORDINATOR

Would your family member or fellow LEOH member experiencing an illness or loss appreciate a thoughtful card from LEOH? Contact Kelly Cervenka at kcervenka39@gmail.com or 281-814-6721.

BOOK CART AND DISPLAY TABLE

Borrow a book (or two) and return when done. Keep anything on the display table that catches your eye. New items appear every week, so check it out!

NEXT WEEK'S SPEAKERS

10:00: Karl Blech, Music Director and Conductor of **Symphony North of Houston** and Music lecturer at **Rice University**, poses the question "how do you compose and create music without ever having read or written a single note of it"? He describes his non-traditional method that is accessible to all, and his study of the possible positive effects of musical creativity on cognitive decline.

11:15: Barbara Goodson, Executive Director of **Have Shears Will Travel**, shares the history of this young nonprofit, and describes its current impact on thousands. She also explains their expansion plans underway for *Shear Success Barber and Cosmetology School*.

Questions or Comments?

President Ken Euler at 713-664-5740 or kenleoh23@gmail.com; VP Mary Mahon at 713-530-5653 or mary-mahon@sbcglobal.net
Bellaire UMC Office: 713-666-2167; LEOH Website: leohtexas.org; Suggestion Box on display table at LEOH meetings