



LEOH (Life Enrichment of Houston)

April 11, 2024 Newsletter



SPRING at LEOH - Our 43rd Year!

Fellowship Hall, Bellaire UMC

WELCOME, LEOH MEMBERS!

Our newest member is **Phyllis Hengst**. Welcome, Phyllis! Everyone is encouraged to wear their name tag, to help our new (and old) members know who's who!



MORNING ACTIVITIES AND SPEAKERS, BEGINNING AT 9:30 a.m. — FELLOWSHIP HALL

REGISTRATION TABLE: Members can pick up their name tags at a table inside Fellowship Hall, and then return them as they exit. This can help some of us who might otherwise misplace or lose them at home or elsewhere (a replacement tag costs \$2). The Spring membership log is complete! **Please note:** check the hard copy at the table for any errors. Humans prepared it, which means there may be human errors (rare ones, of course)! Hard copies will be made available to interested members.

REFRESHMENTS (coffee, tea, water, snacks) are available to everyone prior to and between speakers.



10:00 a.m. WHAT'S UP HOUSTON? Jeffrey Baldwin, Chaplain, **Houston International Seafarers Center**, explains the mission and services provided by the Center to seafarers coming into the Port of Houston. Ships are visited daily, including holidays, to assist seafarers.

11:15 a.m. TOWN HALL: Jim Parsons, Program Director, **Preservation Houston**, discusses the organization's work to save Houston's irreplaceable architectural and cultural heritage. He describes their educational outreach in providing walking tours, videos, and presentations, and highlights some of the award-winning restorations that are bringing new life to Houston's historic structures.



(LEOH members: PLEASE silence your phones (and yourself) to enjoy our speakers!



LUNCH AND AFTERNOON ACTIVITIES (FELLOWSHIP HALL)

12:15 p.m. WEEKLY LUNCH DRAWING ANNOUNCEMENTS, and PRAYER/INSPIRATIONAL THOUGHT
On the first Thursday that a member attends, they may add their name to the LEOH bowl upon arrival that morning. Each Thursday, the lucky person whose name is drawn by our Town Hall speaker will enjoy a free lunch. New member **Maryann Barthelemy** was the lucky winner last week!

LUNCH (Fellowship Hall)

Enjoy a sub, along with a cookie and chips, from **Firehouse Subs**, plus a drink and ice cream cup! All for \$7. (Donations are always welcome, too!). Purchase a remaining lunch for \$3.

PLEASE NOTE: Now is the time to confirm your **Party Time** lunch reservation! Check the list at the registration table.



12:45 p.m. SOCIAL BRIDGE (Fellowship Hall) coordinator Paula Koehn



1:00 p.m. YEAR-ROUND BRIDGE (Room 131) coordinator Pat Roberts

1-3:30 p.m. WATERCOLOR PAINTING (Room 122) instructor Marie Schaer



1-1:50 p.m. SPANISH CLASS (Room 123) instructor Maura Rodriguez





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APRIL 11, 2024 Newsletter (continued)

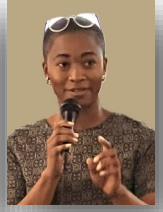


MEMORIES FROM LAST WEEK'S MEETING, APRIL 4

ANNOUNCEMENTS

VP Mary Mahon welcomed everyone back. Pastor Seann Duffin offered a blessing prior to lunch.

LEOH and Spanish class welcomed back
Maura Rodriguez!



Gerry Aitken, Speakers Bureau, **Houston Museum of Fine Arts**, discussed paintings and other art forms that depict a variety of animals, and explained how art reflects our relationship with them, domestic or otherwise. Each piece tells a story in its own way. Above, a famous Frederic Remington painting, "Aiding a Comrade", illustrates a downed horseman. Look more closely to see that they are being hotly pursued. The initial title was not optimistic (Past All Surgery)! Enjoy this painting and a variety of art by visiting MFAH. See it virtually at mfah.org.

Darendra Dorsey, Philanthropy and Volunteer Coordinator, and **Torrina Harris**, Manager of Philanthropy, **HAWC (Houston Area Women's Center)**, explained how HAWC provides shelter, counseling, and support services to survivors of sexual and domestic violence. They reminded us that HAWC's history is women's history. Progress has been made, beginning with women such as Bella Abzug, and Houston's own Nikki van Hightower. We can help by volunteering or donating. Find out more at hawc.org, or email ddorsey@hawc.org or tharris@hawc.org.

WEEKLY REMINDERS

TRIPS

Friday, April 12: Precinct One Bus Tour of Mini-Murals and Eclectic Menagerie Park. Members will view the artistic renderings of local artists on traffic signal boxes in the Meyerland/Bellaire area, then enjoy lunch, before traveling south on 288 to view the large metal designs from Texas Pipe Company. Sign-up is in progress now, to ensure a seat on the bus.

Thursday, May 16: HPD Mounted Patrol Facility. Members will travel by Precinct One bus. During the tour, take advantage of an opportunity to feed the horses. Lunch and a brief stop at **Graffiti Park** near downtown to view the artwork follows the tour.

Ann may be contacted at fairann@sbcglobal.net or **281-686-1325**. Your name may be added to a waiting list if a trip quota has been filled. Details and photos from previous trips, as well as information on future trips, may be viewed on our LEOH website, leoh.texas.org.

LEOH SPRING SERVICE PROJECT - a Continuing Opportunity to Donate this Spring

Our Town Hall speakers this past Thursday, April 4th, discussed the role of the **HAWC (Houston Area Women's Center)** in assisting survivors of sexual and domestic abuse. Our donations can make a huge difference in the lives of these women. After speaking and then enjoying lunch at LEOH, our speakers gladly accepted our donations (to date). The HAWC accepts monetary donations, as well as new clothing items in larger sizes, including yoga pants, tops, pajamas, sports bras and panties; plus toiletries and cleaning supplies. **LEOH will continue to accept donations through our last meeting, so please consider donating!**

MEMBER CARE COORDINATOR

Would your family member or fellow LEOH member experiencing an illness or loss appreciate a thoughtful card from LEOH? Contact Kelly Cervenka at kcervenka39@gmail.com or 281-814-6721.

BOOK CART AND DISPLAY TABLE

Borrow a book (or two) and return when done. Keep anything on the display table that catches your eye. More new items appeared last week on the table, so check it out!

NEXT WEEK'S SPEAKERS

10:00: Steve Smith, Board of Directors, **Zoe Empowers**, describes their mission to empower orphaned children and youth-led vulnerable families to overcome poverty, move beyond charity, and experience meaningful lives.

11:15: Jennifer Boswell, Director of Adult Mental Services, **The Harris Center for Mental Health and Intellectual Disabilities (IDD)**, explains their services for those with behavioral and developmental needs. Their programs strive to allow persons to live with dignity as fully participating members of the community, regardless of ability to pay. She will also describe the warning signs of mental illness.

Questions or Comments?

President Ken Euler at 713-664-5740 or kenleoh23@gmail.com; **VP Mary Mahon** at 713-530-5653 or mary-mahon@sbcglobal.net
Bellaire UMC Office: 713-666-2167; **LEOH Website:** leoh.texas.org; **Suggestion Box** on display table at LEOH meetings