



# LEOH (Life Enrichment of Houston)

## March 21, 2024 Newsletter



### WELCOME to SPRING at LEOH - Our 43rd Year!

### Fellowship Hall, Bellaire UMC

#### IN OUR THOUGHTS AND PRAYERS CORNER THIS WEEK

As members mentioned in the previous newsletter continue to recover, we add to the list longtime member and enthusiastic Spanish class teacher Maura Rodriguez.

We wish her a speedy recovery from a recent injury.

Kelly Cervenka is our Member Care Coordinator, and can send an appropriate card on LEOH's behalf to a family member, at your request. Contact Kelly at 281-814-6721, or kcervenka39@gmail.com.

#### WELCOME, NEW LEOH MEMBERS!

Our newest members include:

Maryann Barthelemy, Rosemary Claxton, Rose Cordero, Bob and Jan Delery, Cindee and David Ewell, Dee Dee Patton, and Eugenia Webb

We know you will enjoy LEOH! We are happy you are joining us, and we welcome your feedback.

Please wear your name tag upon receipt; we encourage everyone to wear them, to help everyone know who's who!

#### MORNING ACTIVITIES AND SPEAKERS, BEGINNING AT 9:30 a.m. — FELLOWSHIP HALL

**REGISTRATION TABLE:** Registration is ongoing! New and "old" members who still need to register for this Spring can do so at the registration table just outside Fellowship Hall, in the Welcome Center. Current members can also pick up their name tag at the table. New members will receive their name tags soon. Please note: The Spring membership log is being prepared, with hard copies available in a few weeks.

**REFRESHMENTS (coffee, tea, water, snacks)** are available to everyone prior to and between speakers.

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**10:00 a.m. WHAT'S UP HOUSTON?** Katherine Samuel, Emergency Management Operations Coordinator, Southeast Texas Regional Advisory Council (SETRAC), describes their *Stop the Bleed* program, which aims to encourage bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives.

**11:15 a.m. TOWN HALL:** Dan Gordon, educator/nonprofit director, provides an in-depth view of how film-making is used as an interventional strategy for teenagers in the Harris County Juvenile Probation Department. He takes us on a tour of the filmmaking residencies and shares some of the evocative films created by the teens.

(LEOH members: Please remember to silence your phones (and yourself) during the speaker presentations!)

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#### LUNCH AND AFTERNOON ACTIVITIES

**12:15 p.m. WEEKLY LUNCH DRAWING (Fellowship Hall), ANNOUNCEMENTS, and PRAYER/INSPIRATIONAL THOUGHT**  
On the first Thursday that a member attends, they may add their name to the LEOH bowl upon arrival that morning. Each Thursday, the lucky person whose name is drawn by our Town Hall speaker will enjoy a free lunch. Mary Mahon was our first week's lucky winner!

#### LUNCH (Fellowship Hall)

Enjoy a sub, along with a cookie and chips, from **Firehouse Subs**, plus a drink and ice cream cup!  
All for \$7. (Donations are always welcome, too!)

**12:45 p.m. SOCIAL BRIDGE (Fellowship Hall)** coordinator Paula Koehn

**1:00 p.m. YEAR-ROUND BRIDGE (Room 131)** coordinator Pat Roberts

**1-3:30 p.m. WATERCOLOR PAINTING (Room 122)** instructor Marie Schaer

**1-1:50 p.m. SPANISH CLASS (Room 123)** instructor Maura Rodriguez **PLEASE NOTE:** Nina Quartero will instruct the class, as Maura continues to recover from an injury.





# LEOH (Life Enrichment of Houston)

## March 14, 2024 Newsletter (continued)



### ANNOUNCEMENTS

President Ken Euler welcomed everyone back, and VP Mary Mahon asked new members to stand, so that they could be recognized and officially welcomed to LEOH!  
Judy Bristol elaborated on the needs of our Spring service project organization.  
Bellaire UMC Associate Pastor Jordan Payne offered a blessing prior to lunch.



Happy Birthday to Betty Seymour and Maura Rodriguez!

Everyone enjoyed singing "Happy Birthday" to Betty; and while Maura could not attend, she was there in spirit!



Dawn Gibler of *Elijah Rising* discussed their mission of exposing and combatting sex trafficking. We learned of the many types of vulnerabilities that draw victims to these predators. Find out more about how *Elijah Rising* battles this, and the lives they've touched.

[ElijahRising.org](http://ElijahRising.org)



Debby Posso of *Senior Rides and More*, a non-profit, faith-based organization, described their services. Rides to and from destinations can also include assisting with chores such as grocery-shopping, light household chores, minor home repairs, and more. They are always looking for more volunteers!

[SeniorRidesAndMore.org](http://SeniorRidesAndMore.org)



St. Patrick's Day arrived early at LEOH! Above are examples of the clever table decorations, along with two of the Kitchen Crew leprechauns!

*"As you slide down the banister of life,  
May the splinters never point  
the wrong way"*

~~~ Irish Blessing ~~~

### LEOH SPRING SERVICE PROJECT

LEOH service projects are aimed at helping those in need in our surrounding communities.

The **HAWC (Houston Area Women's Center)** assists survivors of sexual and domestic abuse.

Our donations can make a huge difference in the lives of these women. The HAWC gladly accepts monetary donations, as well as new clothing items in larger sizes, including yoga pants, tops, pajamas, sports bras and panties; plus toiletries and cleaning supplies.

We will learn more about this worthy organization from our Town Hall speaker on April 4th; however, donations have already begun, and will continue through LEOH's last Spring meeting. Cash donations can be given to LEOH treasurer Rosalie Thurbon.

Other items can be placed in the collection bin near the book cart.

### TRIPS

**Friday, April 12: Precinct One Bus Tour of Mini-Murals and Eclectic Menagerie Park.** Members will view the artistic renderings of local artists on traffic signal boxes in the Meyerland/Bellaire area, then enjoy lunch before traveling south on 288 to view the large metal designs from Texas Pipe Company. Sign-up is in progress now, to ensure a seat on the approximately 32-seat bus.

Ann may be contacted at [fairann@sbcglobal.net](mailto:fairann@sbcglobal.net) or 281-686-1325. Add your name to a waiting list if a trip quota has been filled.

Details and photos from previous trips, as well as information on future trips, may be viewed on our LEOH website, [leohouston.org](http://leohouston.org).

### BOOK CART AND DISPLAY TABLE

Feel free to borrow a book or puzzle and remember to return it when done! Display table items are free for the taking. Enjoy!

### NEXT WEEK'S SPEAKERS

**10:00: Bob Sewell**, President, **Houston Archeological Society**, discusses their mission of fostering interest and active participation in the discovery, documentation, and preservation of cultural resources for the Houston metropolitan area and upper Texas Gulf Coast region.

**11:15: Tammy Phillips**, Director, Business Operations, **Texas Equusearch**, reminds us that their organization was founded in 2000 by Tim Miller, in loving memory of his daughter Laura Miller, who was murdered in 1984 at age 16. She explains how the organization has evolved from a few searchers on horseback into hundreds of volunteers using the latest in technology and search methodologies..

### Questions or Comments?

Contact President Ken Euler at 713-664-5740 or [kenleoh23@gmail.com](mailto:kenleoh23@gmail.com);

or VP Mary Mahon at 713-530-5653 or [mary-mahon@sbcglobal.net](mailto:mary-mahon@sbcglobal.net)

Bellaire UMC Office: 713-666-2167; LEOH Website: [leohouston.org](http://leohouston.org)

Suggestion Box: display table at LEOH meetings