



LEOH (Life Enrichment of Houston)

March 14, 2024 Newsletter



WELCOME to SPRING at LEOH - Our 43rd Year!
Fellowship Hall, Bellaire UMC

IN OUR THOUGHTS AND PRAYERS CORNER THIS WEEK

Several LEOH members are in various stages of recovery from illness/surgery. They include:

LEOH President Ken Euler, VP Mary Mahon, Harry Bristol, Jan Meyer, Hanna Schwarze, and Tom Williams

Kelly Cervenka is our Member Care Coordinator, and can send an appropriate card on LEOH's behalf to a family member, at your request. Contact Kelly at 281-814-6721, or kcervenka39@gmail.com.

WELCOME, NEW LEOH MEMBERS!

Our newest members include:

Maryann Barthelemy, Rosemary Claxton, Rose Cordero, Bob and Jan Delery, and Eugenia Webb.

We know you will enjoy LEOH! We are happy you are joining us, and we welcome your feedback.

Please wear your name tag upon receipt; we encourage everyone to wear them, to help everyone know who's who!

MORNING ACTIVITIES AND SPEAKERS, BEGINNING AT 9:30 a.m. — FELLOWSHIP HALL

REGISTRATION TABLE: Registration is ongoing! New and "old" members who still need to register for this Spring can do so at the registration table just outside Fellowship Hall, in the Welcome Center. Current members can also pick up their name tag at the table. New members will receive their name tags soon.

Please note: The Spring membership log is being prepared, with hard copies available in a few weeks.

REFRESHMENTS (coffee, tea, water, snacks) are available to everyone prior to and between speakers.

10:00 a.m. WHAT'S UP HOUSTON? Dawn Gibler, Awareness and Intervention Director, *Elijah Rising*, tells us that they are dedicated to lifting the veil of secrecy surrounding the issue of sex trafficking. She describes the methods they use to expose and combat the problem.

11:15 a.m. TOWN HALL: Debbi Posso, Executive Director, Senior Rides and More, tells us how their organization assists those who have aged out of driving.

(LEOH members: Please remember to silence your phones (and yourself) during the speaker presentations!)

LUNCH AND AFTERNOON ACTIVITIES

12:15 p.m. WEEKLY LUNCH DRAWING (Fellowship Hall), ANNOUNCEMENTS, and PRAYER/INSPIRATIONAL THOUGHT
On the first Thursday that a member attends, they may add their name to the LEOH bowl upon arrival that morning. Each Thursday, the lucky person whose name is drawn by our Town Hall speaker will enjoy a free lunch.

LUNCH (Fellowship Hall)

Enjoy a sub, along with a cookie and chips, from *Firehouse Subs*, plus a drink and ice cream cup! All for \$7. (Donations are always welcome, too!)

12:45 p.m. SOCIAL BRIDGE (Fellowship Hall) coordinator Paula Koehn

1:00 p.m. YEAR-ROUND BRIDGE (Room 131) coordinator Pat Roberts

1-3:30 p.m. WATERCOLOR PAINTING (Room 122) instructor Marie Schaer

1-1:50 p.m. SPANISH CLASS (Room 123) instructor Maura Rodriguez





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LEOH SPRING SERVICE PROJECT

LEOH service projects are aimed at helping those in need in our surrounding communities.

The **HAWC (Houston Area Women's Center)** assists survivors of sexual and domestic abuse.

Our donations can make a huge difference in the lives of these women.

The HAWC gladly accepts monetary donations, as well as new clothing items in larger sizes, including yoga pants, tops, pajamas, sports bras and panties; plus toiletries and cleaning supplies.

We will learn more about this worthy organization from our Town Hall speaker on April 4th; however, donations can begin *now*, and continue through LEOH's last Spring meeting.

Cash donations can be given to LEOH treasurer Rosalie Thurbon. Other items will be safely stored in a room at the church.



TRIPS

Tuesday, March 19: West University Police and Fire Department. This drive-yourself trip has a limit of 30 participants, with some members already signed up. Lunch will follow the approximately 2-hr tour.

Friday, April 12: Precinct One Bus Tour of Mini-Murals and Eclectic Menagerie Park. Members will view the artistic renderings of local artists on traffic signal boxes in the Meyerland/Bellaire area, then enjoy lunch before traveling south on 288 to view the large metal designs from Texas Pipe Company. Sign-up is in progress now, to ensure a seat on the approximately 32-seat bus.

Ann may be contacted at fairann@sbcglobal.net or 281-686-1325. Add your name to a waiting list if a trip quota has been filled.

Details and photos from previous trips, as well as information on future trips, may be viewed on our LEOH website, leohouston.org.



BOOK CART AND DISPLAY TABLE

Feel free to borrow a book or puzzle and remember to return it when done! Display table items are free for the taking. Enjoy!



NEXT WEEK'S SPEAKERS

10:00: Katherine Samuel, Emergency Management Operations Coordinator, Southeast Texas Regional Advisory Council (SETRAC), describes their *Stop the Bleed* program, which aims to encourage bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives.

11:15: Dan Gordon, educator/nonprofit director, provides an in-depth view of how film-making is used as an interventional strategy for teenagers in the Harris County Juvenile Probation Department. He takes us on a tour of the filmmaking residencies and shares some of the evocative films created by the teens.

Questions or Comments?

Contact President Ken Euler at 713-664-5740 or kenleoh23@gmail.com;
or VP Mary Mahon at 713-530-5653 or mary-mahon@sbcglobal.net

Bellaire UMC Office: 713-666-2167; LEOH Website: leohouston.org

Suggestion Box: display table at LEOH meetings