

SPRING TRIPS

Host: Ann Fairchild



LEOH offers one-day trips quarterly during the year via county bus to places of interest in the greater Houston area. The trips are usually announced one month in advance via email and on LEOH's website, leohtexas.org. Several carpool/drive-there-yourself trips may also be planned. If you would like to participate in a particular trip, email Ann at fairann@sbcglobal.net to be included. If you do not have email, please call her at 713-699-9196 (cell 281-686-1325) each month to learn about upcoming trips. Payment by check or cash must be brought the day of the trip.

2024 SPRING TRIPS AND DATES:
Tuesday, March 19: West University Police and Fire Department beginning at 9:50 a.m. This is a drive-yourself trip (carpooling encouraged). Parking is available in the West U Police visitor parking lot at 3800 University Blvd, off of Auden. The tours will involve quite a bit of walking/standing during approximately 2 hours. Lunch will follow at Molina's Cantina, at Auden and Bellaire. **NOTE: Contact Ann to reserve a spot, as this trip is limited to 30 participants; there may be a waiting list.**

LEOH TRIP POLICY

- ◆ To ride on a county bus, one must be at least 50 years of age.
- ◆ Please always be on time for bus departures.
- ◆ Please have the name and phone number of an emergency contact person and a list of current medications available at the time of the trip.
- ◆ Wheelchairs and walkers are available. Please let Ann know in advance if needed.

DONATIONS WELCOME

Tax deductible donations have kept LEOH from having a deficit at the end of many sessions and are very welcome!!

LEOH ON THE INTERNET

Check our website for the latest information regarding LEOH, including updates and changes in the program and trips. LEOH's website is leohtexas.org

BOOKS, MAGAZINES AND JIGSAW PUZZLES EXCHANGE

Coordinator: Vickie Fella

For many years LEOH has maintained an exchange program for books and magazines. Bring your recent, gently used books, puzzles to share or find something else of interest to keep.

VISITORS, CLASSES AND LUNCH

Members, please bring a friend to LEOH classes; guests are welcome, and lunch will be free for first time visitors. Guest cards are available at the Registration Table to be completed and given to the treasurer in lieu of lunch payment.

LEOH IS AN ALL VOLUNTEER ORGANIZATION

Your energy, skills, and talents can make LEOH a better organization. Please consider volunteering to help.

Life Enrichment of Houston

(an all-volunteer, non-profit, tax-exempt organization)

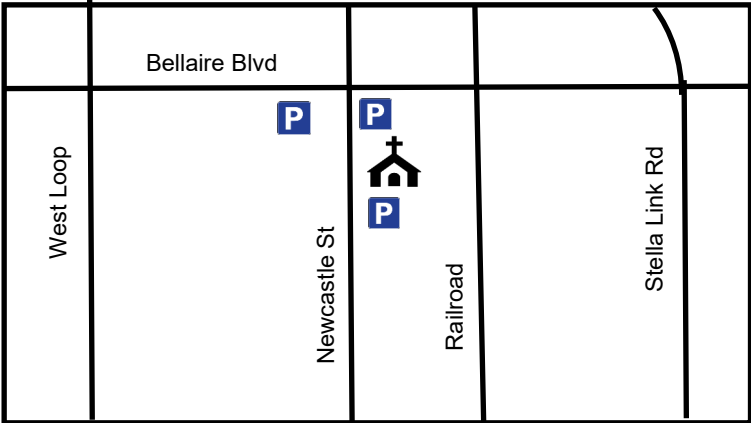
Adventures in Learning for Senior Adults



OUR 43rd YEAR

SPRING 2024 SESSION

- Registration - March 7
- Classes - March 14, 21, 28
April 4, 11, 18, 25
- Party Time - May 2
- Location - Bellaire United Methodist Church
4417 Bellaire Blvd
Bellaire, Texas 77401



PARKING

Southwest and southeast lots, Bellaire Blvd at Newcastle

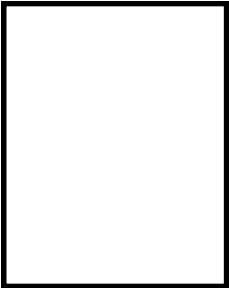
INFORMATION

Ken – 713-664-5740
kenleoh23@gmail.com
Bellaire UMC Office—713-666-2167
Website—leohtexas.org



LIFE ENRICHMENT OF HOUSTON
Registration:
10 AM – 12 Noon March 7, 2024
Welcome Center
Bellaire United Methodist Church

Location of:
Bellaire United Methodist Church
4417 Bellaire Blvd at Newcastle
Bellaire, Texas 77401





LEOH meets on Thursdays: March 14, 21, 28, April 4, 11, 18, 25, May 2

GENERAL INFORMATION

REGISTRATION: Thursday, March 7– 10:00 AM – 12:00 noon
in the Welcome Center or by mail
FEE: **\$25.00** per person—non-refundable
NAME TAGS: Please help us know you by wearing yours!
Return them at the end of the session.
Replacement fee - \$2.00

MORNING CLASSES

The **10:00 AM** and **11:15 AM** classes offer speakers on a variety of topics, places, and events in Harris and surrounding counties; some current, some historical, and all interesting.

WHAT'S UP HOUSTON ?



Fellowship Hall

10:00—11:00 AM

Coordinator: Ken Euler
Jim Burrough and Kelly Cervenka

March 14 **Dawn Gibler**, Awareness and Intervention Director, Elijah Rising, tells us that they are dedicated to lifting the veil of secrecy surrounding the issue of sex trafficking. She describes the methods they use to expose and combat the problem.

March 21 **Katherine Samuel**, Emergency Management Operations Coordinator, Southeast Texas Regional Advisory Council (SETRAC), describes their Stop the Bleed program, which aims to encourage bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives.

March 28 **Bob Sewell**, President, Houston Archeological Society, discusses their mission of fostering interest and active participation in the discovery, documentation, and preservation of cultural resources for the Houston metropolitan area and upper Texas Gulf Coast region.

April 4 **Gerry Aitken**, Speakers Bureau, Houston Museum of Fine Arts, tells us about “lions and tigers and bears—oh my”, and how art reflects our relationship with animals. We will view the museum’s virtual zoo, in the form of artwork.

April 11 **Jeffrey Baldwin**, Chaplain, Houston International Seafarers Center, explains the mission and services provided by the Center to seafarers coming into the Port of Houston. Ships are visited daily, including holidays, to assist seafarers.

April 18 **Steve Smith**, Board of Directors, Zoe Empowers, describes their mission to empower orphaned children and youth-led, vulnerable families to overcome poverty, move beyond charity, and experience meaningful lives.

April 25 **Karl Blench**, Music Director and Conductor of Symphony North of Houston and lecturer in Music at Rice University, poses the question “how do you compose and create music without ever having read or written a single note of it”? He describes his non-traditional method that is accessible to all, and his study of the possible effects of musical creativity on cognitive decline.

TOWN HALL

11:15 AM—12:15 PM

Coordinator: Ken Euler
Judy Bristol, Vickie Fella, and Jan Meyer



Fellowship Hall

March 14 FREE TRANSPORTATION FOR SENIORS, AND HOW YOU CAN HELP YOUR NEIGHBOR

Debby Posso, Executive Director of Senior Rides and More, tells us how their organization assists those who have aged out of driving.

March 21 FILMMAKING IN THE JUVENILE JUSTICE SYSTEM

Dan Gordon, educator/nonprofit director, provides an in-depth view of how film-making is used as an interventional strategy for teenagers at the Harris County Juvenile Probation Department. He takes us on a tour of the filmmaking residencies and shares some of the evocative films created by the teens.

March 28 TEXAS EQUUSEARCH: SEARCH & RECOVERY “LOST IS NOT ALONE”

Tammy Phillips, Director, Business Operations reminds us that their organization was founded in 2000 by Tim Miller, in loving memory of his daughter Laura Miller, who was murdered in 1984 at age 16. She explains how the organization has evolved from a few searchers on horseback into hundreds of volunteers using the latest in technology and search methodologies.

April 4** ADDRESSING THE ISSUE OF DOMESTIC VIOLENCE

Darenda Dorsey, Philanthropy and Volunteer Coordinator, HAWC (Houston Area Women’s Center), explains how HAWC provides shelter, counseling, and support services to survivors of sexual and domestic violence. Their mission is to stop this violence through prevention, intervention, and advocacy.

April 11 PRESERVATION HOUSTON: HISTORY IN PROGRESS

Jim Parsons, Program Director, talks about the organization’s work to save Houston’s irreplaceable architectural and cultural heritage. He describes their educational outreach in providing walking tours, videos, and presentations, and he highlights some of the award-winning restorations which are bringing new life to Houston’s historic structures.

April 18 THE HARRIS CENTER FOR MENTAL HEALTH AND INTELLECTUAL DISABILITIES (IDD): TRANSFORMING LIVES ACROSS OUR COMMUNITY

Jennifer Boswell, Director of Adult Mental Health Services, describes their services for those with behavioral and developmental needs. Their programs strive to allow persons to live with dignity as fully participating and contributing members of the community, regardless of ability to pay. Ms. Boswell also discusses the warning signs of mental illness.

April 25 HAVE SHEARS WILL TRAVEL

Barbara Goodson, Executive Director, shares the history of this young nonprofit, and describes its current impact on thousands. She also explains their expansion plans underway for Shear Success Barber and Cosmetology School in downtown Houston.

** SERVICE EVENT APRIL 4

What can we provide to help these victims of violence?
Details will be provided in the March 14 newsletter and meeting.

LUNCH, DOOR PRIZE DRAWING, AND ANNOUNCEMENTS

12:15 PM—1:00 PM

Fellowship Hall

Price—\$7.00 buys a six-inch sandwich catered by *Firehouse Subs*, with chips, dessert, beverage and ice cream included. Any extra sandwiches remaining after everyone picks up their first lunch may be purchased for **\$3.00** each.

Door Prize On the first Thursday that they attend, LEOH members place their names in a bowl for a drawing. At the end of each Town Hall presentation a winning name is drawn, with the winner receiving their lunch for free that day!

Announcements are made at lunch and can also be found in the Luncheon Newsletter; it is then posted on our website. Please try to be present so you can be informed about this all-volunteer organization and upcoming activities and events.



MAY 2—PARTY TIME Fellowship Hall



10:45 AM Water Color Class Gallery, and “Coffee and Conversation”

11:30 AM Entertainment (details available soon)

NOON Volunteer Recognition and Appreciation

Presenter: **Mary Mahon**

12:15 PM Lunch from Old Hickory Inn— Fancy Baked Potato plus salad, with “Kitchen Krew” member Sandra Williams providing her special homemade dessert!
Cost will be **\$12.00**, prepaid and non-refundable.



AFTERNOON CLASSES

1:00—3:30 PM **SOCIAL BRIDGE** ♣♦ ♠♥ Fellowship Hall
Coordinator: Paula Koehn

Enjoy the game, while socializing with your fellow LEOH members. This class is for those who already know how to play bridge.

1:00—4:00 PM **YEAR-ROUND BRIDGE** ♣♦ ♠♥ Room 131
Coordinator: Pat Roberts

This is a class of dedicated bridge players who play all year around.

1:00—1:50 PM **SPANISH** 🇪🇸 Room 123
Instructor: Maura Rodriguez

This course will be modified as necessary to accommodate members who are beginning to learn Spanish as well as those who are more advanced

1:00—3:30 PM **WATERCOLOR PAINTING** 🎨 Room 122
Instructor: Marie Schaer **Fee: \$40:00**

Marie Schaer, an award-winning watercolorist, studied at the Glassell School of Art under Arthur Turner and obtained her Certificate of Completion in 1980. She has experience in a wide range of media, including approximately seventeen years in watercolor. She served as Committee Chair for the Watercolor Art Society - Houston’s (WAS-H) website in 2015. She has won awards in WAS-H shows and one of her paintings was included in the Assistance League of Houston Celebrates Texas 2018 show which was held at Williams Tower.