



LEOH (Life Enrichment of Houston)

October 12, 2023 Newsletter



WELCOME to LEOH - Our 43rd Year!
Fellowship Hall, Bellaire UMC



WELCOME, EVERYONE!



Members can pick up their name tags at the registration table on the way in, and drop them off as they exit. A new tag can be issued to anyone who has lost or misplaced their tag.

A reminder—please wear your name tag, for ease of identification to everyone around you!

We continue to welcome more new members!

The membership log will be available for your review at the registration table next week.



MORNING ACTIVITIES AND SPEAKERS

9:30 a.m. REGISTRATION for new (and old) members continues in Fellowship Hall.

LUNCHTIME PRAYER/WORDS OF INSPIRATION A pad will be available for anyone who wishes to offer a prayer or inspirational thought(s) just prior to lunch (please contact VP Mary Mahon).

REFRESHMENTS (coffee, tea, snacks) are available to everyone.



10:00 a.m. WHAT'S UP HOUSTON? Della Barbato, Director of Education, Native Prairies Association of Texas, facilitates student and adult programs, teacher workshops and field trips.

11:15 a.m. TOWN HALL: Kyle Swift, CEO, Texas Hearing Institute, a United Way agency, describes the comprehensive services offered to pediatric patients with hearing loss, changing their lives by giving them the gift of sound and communication.



LUNCH AND AFTERNOON ACTIVITIES

12:15 p.m. WEEKLY LUNCH DRAWING (Fellowship Hall)

On the first Thursday of attendance, members will add their names to the LEOH bowl upon arrival that morning. Each Thursday, the lucky person whose name is drawn will enjoy a free lunch.

Last week's winner was Kathleen Bradford!

LUNCH (Fellowship Hall)

Enjoy a sub, along with a cookie and chips, from **Firehouse Subs**, plus a drink and extra dessert (ice cream)! All for \$7.



12:45 p.m. SOCIAL BRIDGE (Fellowship Hall) coordinator Paula Koehn

1:00 p.m. YEAR-ROUND BRIDGE (Room 131) coordinator Pat Roberts

1-3:30 p.m. WATERCOLOR PAINTING (Room 122) instructor Marie Schaefer

1-1:50 p.m. SPANISH CLASS (Room 123) instructor Maura Rodriguez



Ann Fairchild will continue to have these wallet-size and refrigerator holders with medical cards available for members at the registration table, for a cost of \$1 each. The cards provide invaluable information to medical personnel in case of an emergency, whether at home or while out and about. She noted that first responders are trained to check the front of refrigerators in homes for emergency information. **NOTE:** Completing the forms in pencil is recommended, in case information (such as prescriptions) changes. It is recommended that you review your card every 6 months.

FILE OF LIFE.

WE CONTINUE TO COLLECT CLOTHING AND MONETARY DONATIONS FOR OUR FALL LEOH SERVICE PROJECT

It's inching ever closer to **November 2!** Our Town Hall speaker that day will discuss the goals and needs of the organization *The Landing*, which provides respite, support, and resources to local survivors of human trafficking and commercial sexual exploitation.



Please consider donating to this worthy organization. These survivors are in particular need of underwear (such as sports bras and panties) and other inexpensive articles of clothing.



Monetary donations are also very welcome, to assist *The Landing* in purchasing needed items.

Clothing items may be brought to LEOH any Thursday, for storage in room 124. Money donations will be accepted any Thursday before or at the time you pay for lunch. Direct any questions to Judy Bristol, coordinator for this service project.

LEOH MEMORIES—October 5th

Vice-President Mary Mahon reminded everyone again of **Party Time** on **November 9th**, the last get-together for LEOH's Fall session. Enjoy BBQ turkey or beef with all the trimmings that day, catered by *Old Hickory Inn*.

Mary then introduced the following:

Vickie Fella announced the November 4th Herb Society's 50th annual Herb Fair. Fun for LEOH herb-lovers and holiday shoppers! **Ann Fairchild** reminded members once again of the **FILE OF LIFE**, a wallet holder and a refrigerator holder, which store your important medical information for use by first responders in case of emergency. Purchase them for \$1 each from Ann at the registration table. **Jordan Payne**, Bellaire UMC Associate Pastor, offered a blessing prior to lunch.



Melissa Turnquist, Associate Director of the non-profit *Texas Center for the Missing (TCM)*, explained that it was founded in 2000 by Doreen Wise, following the tragic loss of her son Gabriel. TCM works with local and national agencies; in 2022, they investigated over 11,000 missing persons cases, with the vast majority recovered through collaboration and dedication. The Silver and Amber Alert *Safe Return* programs offer training and education. Up-to-date photos and ID kits greatly enhance the likelihood of recovery. Learn more at centerforthemissing.org.



THANK YOU!

LEOH's "kitchen crew" works hard each week to ensure members and guests enjoy morning refreshments and lunch.



Sara Martinez, VP for the non-profit *Coalition for the Homeless*, shared their vision: that everyone should have a safe place to call home. To accomplish this, they partner with at least 60 other non-profits to maximize resources. Their "encampment decommissioning strategy" means homeless persons move into housing, rather than just being "moved along". The number of homeless in our area continues to decrease. This year more than 2,900 people have been housed. The coalition works with landlords and provides needed household items. Learn more at homelesshouston.org.

NEXT WEEK'S SPEAKERS: October 19

10:00 a.m. WHAT'S UP HOUSTON? Katherine Samuel, Southeast Texas Regional Advisory Council (SETRAC), discusses this coalition of providers, responders, and health care partners striving to save lives and improve health outcomes.

11:15 a.m. TOWN HALL: Diane Nguyen, Program Director, Houston Better Business Bureau, talks about the many scams directed at seniors, and what is being done about it. The *Texas Senior Medicare Patrol* volunteers work to stop Medicare fraud.

LEOH Trips (including stops for lunch) — Trip Coordinator Ann Fairchild

Friday, November 10: ABC Channel 13, by individual car (carpooling encouraged) to tour the newsroom and broadcast studios.

Ann will share further details by email. You may contact her at fairann@sbcglobal.net or **281-686-1325**.

Remember, you can check out the details/pictures of previous trips as well as other LEOH activities at our leohtexas.org website!

WEEKLY REMINDERS

Book/Magazine/Puzzle Exchange and Suggestion Box

Borrow a book or puzzle, and return when done; keep what you choose from a selection of items such as greeting cards, magazines, and (occasionally) knick-knacks. The suggestion box is your opportunity to anonymously share your thoughts on LEOH.

Money Matters!

LEOH accepts personal checks and cash, but cannot accept credit/debit cards for payments. Payments for exact amounts are always welcome, and speed up the process when waiting in line!

LEOH Member Care Coordinator

LEOH member **Kelly Cervenka** will send a card to a LEOH member or their family, upon request.

Contact Kelly at kcervenka39@gmail.com, or **281-814-6721**.