



LEOH (Life Enrichment of Houston)

October 27, 2022 Newsletter



WELCOME to LEOH - Our 42nd Year!
Fellowship Hall, Bellaire UMC



WELCOME

TO THE FOLLOWING NEW LEOH MEMBERS!

Tina Dusel, Mary Hirsch, Mary Hoffman, Shirley Lloyd, David Martin,
Faye Olshefski, Sharon Shafer, and Richard Staines



We are so happy you have joined us,
and we hope you are enjoying what LEOH has to offer!



MORNING ACTIVITIES AND SPEAKERS—FELLOWSHIP HALL

REGISTRATION TABLES: **TODAY** is the last day to sign up/pay for the special BBQ lunch on Party Day on November 10th!

Cost is \$10, and choose from either turkey or brisket BBQ from *Old Hickory Inn*.

As **always**, you may pick up your name tag on the way in, and return it on your way out.

Feel free to pick up a copy of the current LEOH membership log, as well.



REFRESHMENTS (coffee, tea, snacks) are available to everyone prior to and between speakers.

10:00 a.m. **WHAT'S UP HOUSTON?** Tom Jackson, Trustee, Texas Society of the Sons of the American Revolution, will talk about contributions of the Irish to the American Revolution; also its 250th anniversary.

11:00 a.m. **TOWN HALL:** Sandra Moreno, Manager of Volunteer Engagement, BakerRipley, notes that BakerRipley, which operates numerous Community Centers in the Houston area, strives to bring resources, education, and connection to emerging neighborhoods. How do they accomplish that?

LUNCH AND AFTERNOON ACTIVITIES

11:55 a.m. **WEEKLY LUNCH DRAWING (Fellowship Hall)**

On the first Thursday that a member attends, they should add their name to the LEOH bowl upon arrival that morning. Each Thursday, the lucky person, whose name is drawn by our 11:00 speaker, will enjoy a free lunch. Last week's winner was **Judy Bristol!**

12:00 p.m. **LUNCH (Fellowship Hall)**

Enjoy a sub, along with a cookie and chips, from **Firehouse Subs**, plus a drink and ice cream cup! All for \$7.

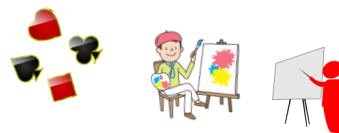


12:45 p.m. **SOCIAL BRIDGE (Fellowship Hall)** coordinator Paula Koehn

1:00 p.m. **YEAR-ROUND BRIDGE (Room 131)** coordinator Pat Roberts

1-3:30 p.m. **WATERCOLOR PAINTING (Room 122)** instructor Marie Schaer

1-1:50 p.m. **SPANISH CLASS (Room 123)** instructor Maura Rodriguez



KEEP THOSE SUGGESTIONS COMING, PLEASE!



We continue to receive suggestions (speakers, trips, topics, ways to improve).

They are appreciated, and being acted on where possible — keep it up!



BOOK CART AND DISPLAY TABLE FREEBIES!

Aside from the usual magazines and other items that are yours to take, there are new and sometimes unusual items **EACH WEEK!**

DON'T MISS OUT—CHECK IT OUT!





WEEK FIVE (10/20/22) MEMORIES



Kelly Cervenka introduced **Joe Powers**, President of the Houston Beekeepers Association.

We learned that proper beekeeping is a complex, multi-step process, but a definitely rewarding endeavor!



Patsy and Julie are having fun setting up the tables for morning snacks and beverages (while Bill crosses behind them).

Vickie Fella introduced **Lauren Stadler, PhD**, Assistant Professor of Development, Department of Civil and Environmental Engineering, at Rice University.

We learned how important wastewater--based epidemiology has been in identifying and tracking the covid virus, for improved patient outcomes. The process is vital in tracking other viruses, as well, more recently polio and monkeypox.



PRE-LUNCH ANNOUNCEMENTS AND INSPIRATIONAL THOUGHTS/PRAYER FOR OCTOBER 20TH

Mary Mahon, chair of the “kitchen crew”, addressed some member requests regarding lunch. First, she explained that it is not possible to meet specific dietary requests on some sub ingredients, as the subs are ordered in bulk to obtain the best pricing; in addition, veggie subs are not able to be provided “hot”. The lunch bags, admittedly a little noisy and distracting when being placed on the serving table while the speaker is still talking and taking questions, will now be placed on the table after the speaker ends their talk. This means that everyone should remain at their tables for a short time before getting in line to pay and pick up their lunch! Mary also reminded everyone that **October 27th** is the last day to sign up/pay (\$10) and select either turkey or brisket BBQ from *Old Hickory Inn* for the special **Party Time** lunch.

David Martin spoke about the upcoming election voting process, including early voting and the importance of following mail-in ballot envelope instructions. Someone else mentioned that it was also important to place the correct amount of postage stamps on the envelope! Remember, too, that **Julie Larson** would welcome any volunteers to assist her with election precinct duties on November 8th! Check with Julie for details.

Janet Knight provided some inspirational thoughts in the form of a poem that she composed.

Bellaire UMC Pastor Lataya Simpson then offered a prayer prior to lunch.

NEXT WEEK'S SPEAKERS—November 3, 2022

10:00 a.m. WHAT'S UP HOUSTON? DeAndra Ramsey, Executive Director, Nature Discovery Center (Bellaire), notes that the Center strives to connect people to nature by providing space to explore Texas native flora and fauna.

11:00 a.m. TOWN HALL Christopher Johns-Krull, PhD, Professor and Chair, Department of Physics and Astronomy, Rice University, discusses NASA's newest large telescope, the James Webb Space Telescope. It is providing an unprecedented view of the universe with new, extraordinary vistas. Some of its first results reveal more about forming stars, planets, and the mysteries of dark matter.

LEOH Trips — Trip Coordinator Ann Fairchild

Last Friday, October 21st: The trip by Precinct One bus to visit BAPS Swaminarayan Mandir, Stafford.

Members enjoyed visiting and learning about this beautiful place of gathering and worship, and were fortunate to experience a morning service while there. Following a lunch stop, some members enjoyed a Hindu workshop back at the Church Parlor.

There are no further Precinct One bus trips available to us for the remainder of this year; however, stay tuned for other possible non-bus adventures before year's end, via a future email from Ann at fairann@sbcglobal.net. Ann may also be contacted at **281-686-1325**.

Remember, you can check out the details/pictures of previous trips as well as other LEOH activities at our leohtexas.org website!

LEOH Member Care Coordinator

Remember: LEOH member **Jean Kopp** will send an appropriate card to a LEOH member or their family, upon request. Contact Jean at 713-665-7210.