



# LEOH (Life Enrichment of Houston)

November 4, 2021 Newsletter



## **WELCOME** to Fall Session Meeting #7 Fellowship Hall, Bellaire UMC



### Covid Booster Shots—Update

Randalls pharmacy will offer the **Moderna** booster to LEOH at the church next **Monday, November 8th, between 10:00-11:30 a.m., in the New Parlor** (opposite Room 123) at the back of the church.

**Check with Ken if you did not receive his email with the registration link.** Thank you, Ken, for making this happen!

### Remember—Daylight Savings Time Ends this Sunday, the 7th, at 2 a.m.!

Change your clocks Saturday night to fall **BACK** an hour, and enjoy a little extra sleep if possible!  
It's also time to check your smoke and CO detectors!



### LEOH Trips — Trip Coordinator Ann Fairchild

**Upcoming: Wednesday, November 10th: Van Gogh Immersive Experience.**

Direct any questions to Ann ([fairann@sbcglobal.net](mailto:fairann@sbcglobal.net) or 282-686-1325), and also see future emails/newsletters.

We know she is planning an exciting trip for December!

Remember, you can check out the details/pictures of previous trips as well as other LEOH activities at our [leohtexas.org](http://leohtexas.org) website!

### Book/Magazine/Puzzle Exchange and Suggestion Box

Borrow a book or puzzle, and return when done; keep what you choose from a selection of items such as greeting cards and magazines.  
The suggestion box is your opportunity to anonymously share your thoughts on LEOH, including trip, speaker, or topic suggestions.

### THURSDAY, October 28 HAPPENINGS

#### **10:00 a.m. WHAT'S UP, HOUSTON? (Fellowship Hall) HARRIS COUNTY OMBUDSMAN PROGRAM**

**GREG SHELLEY**, Program Manager, explains that it advocates for and helps protect the quality of life and care for those in nursing homes or assisted living facilities.

#### **11:00 a.m. TOWN HALL (Fellowship Hall) GALVESTON BAY—WORTH CARING FOR!**

**SASHA FRANCIS**, Community Engagement Coordinator, Galveston Bay Foundation, states that the Bay is important for Houston and the world. A new Report Card summarizes the latest ecological and economic details and offers insights about the Bay's offerings. New tools and resources are shared that can help us save money at home while protecting the bay.

#### **11:55 a.m. WEEKLY LUNCH DRAWING (Fellowship Hall)**

On the first Thursday that a member attends, they will add their name to the LEOH bowl upon arrival that morning.  
Each Thursday, the lucky person whose name is drawn will enjoy a free lunch.

#### **12:00 p.m. LUNCH (Fellowship Hall)**

Enjoy a **Firehouse** sub with chips, a cookie, and ice cream for dessert! All for \$5.

#### **12:45 p.m. SOCIAL BRIDGE (Fellowship Hall) coordinator Jean Vorhaben**

#### **1:00 p.m. YEAR-ROUND BRIDGE (Room 131) coordinator Pat Roberts**

#### **1-3:30 p.m. WATERCOLOR PAINTING (Room 122) instructor Marie Schaer**

#### **1-1:50 p.m. SPANISH CLASS (Room 123) instructor Maura Rodriguez**



**NEXT WEEK: 11/11/21**

## **PARTY TIME!**



**10:45 a.m.** Festivities will begin with coffee/tea, light snacks, and conversation, as well as viewing the art displays from our talented watercoloring class, plus any creative works (woodworking, quilting, etc) from members who wish to participate.

**11:15 a.m.** Entertainment will be provided by Bellaire UMC talented pianist/organist Susan Graham. Her music will include songs to honor our veterans on this Veterans Day.

**11:45 a.m.** Ken will make announcements, and honor our LEOH volunteers and instructors who help make LEOH a success!

**12:00 p.m.** For a Party Time cost of \$7, enjoy a catered lunch of baked potatoes with sour cream, butter, bacon bits, and chives on the side. A salad will accompany the potato, with your choice of Ranch or Italian dressing.  
Dessert will give you a choice of either a Brownie or Pecan Bar. *And don't forget the ice cream!*