



LEOH (Life Enrichment of Houston)

September 30, 2021 Newsletter



WELCOME to the 2nd meeting of the Fall Session!

Safety First at LEOH

Measures have been taken to help provide a safe environment for our meetings, so please plan on attending! Don't forget—Randall's pharmacy will give the **flu vaccine** at our **October 7** meeting, and offer other shots, such as the tdap. Save time that day by pre-registering online at the link Ken provided in his email (mhealthsystem.com/bellairemethodistchurch). A covid booster **will NOT** be available that day, since Moderna booster shots have not yet been approved by the CDC/FDA. **THANK YOU, KEN**, for coordinating with Randall's to provide these vaccinations.

LEOH Trips — Trip Coordinator Ann Fairchild

The recent trip to *The Meadows Center* (formerly Aquarena Springs) in San Marcos was well worth the bus ride. Once again, trip leader Ann Fairchild (fairann@sbcglobal.net) arranged for perfect weather for the outing. Get ready for the next outing: **October 12**—Swamp & River Tour, and Shangri La Botanical Gardens/Nature Center in Orange. Ann is notifying everyone by email a few weeks in advance of upcoming trips. Once you sign up, please notify her as soon as possible if you decide you cannot go, so someone else may have the opportunity, and for trip planning purposes. Check out the LEOH website at leohtexas.org to see pictures/details of previous trips.

Book/Magazine/Puzzle Exchange and Suggestion Box

Borrow a book or puzzle, and return when done; keep what you choose from a selection of items such as calendars and magazines. The suggestion box is your opportunity to anonymously share your thoughts on LEOH, including trip, speaker, or topic suggestions. **Thank you** to those who contributed their suggestions to the suggestion box last week! Keep them coming!

THURSDAY, September 30 HAPPENINGS

10:00 a.m. WHAT'S UP, HOUSTON? (Fellowship Hall) **THE BIBLE AND CHRISTIANITY IN THE FOUNDING AND DEVELOPMENT OF THE UNITED STATES**

BLAINE KEMENDO, Vicar of St. Barnabas Anglican Church, will discuss the role they played in forming our nation.

11:00 a.m. TOWN HALL (Fellowship Hall) **FASCINATING BUT FORGOTTEN TEXANS**

JOE HOLLEY, Author and *Houston Chronicle* columnist, will tell us about some of the people who helped build Texas, but have been forgotten to history. Some prominent Houstonians are included. Members will be welcome to share their own stories of such forgotten people.

11:55 a.m. WEEKLY LUNCH DRAWING (Fellowship Hall)

On the first Thursday that a member attends, they will add their name to the LEOH bowl upon arrival that morning. Each Thursday, the lucky person whose name is drawn will enjoy a free lunch.

12:00 p.m. LUNCH (Fellowship Hall)

Enjoy a **Firehouse Sub**, along with chips, dessert (including an ice cream cup) and a drink, for \$5. (Donations are still welcome, too, of course!) Please note that lunch cost has increased this session, due to an increase in the sub size and the addition of the ice cream treat.

12:45 p.m. SOCIAL BRIDGE (Fellowship Hall) coordinator Jean Vorhaben

1:00 p.m. YEAR-ROUND BRIDGE (Room 131) coordinator Pat Roberts

1-3:30 p.m. WATERCOLOR PAINTING (Room 122) taught by acclaimed instructor Marie Schaer. Registration fee \$40

1-1:50 p.m. SPANISH CLASS (Room 123) taught by Maura Rodriguez



NEXT WEEK'S SPEAKERS 10/7/21

10:00 a.m. LEOH member **Jim Burrough** will review the standard Emergency Management Planning Model that guides personal planning for identifying and responding to hazards and risks.

11:00 a.m. Associate Director, Anti-Defamation League **Dena Marks** asks: Can we heal racism and bigotry? The ADL has addressed this issue since its founding, with the goal that of ending all unfair and unjust criticism.

PARTY TIME NOV. 11: Remember, our last meeting this Fall will include entertainment, a catered lunch, and our arts & crafts gallery!