



# LEOH (Life Enrichment of Houston)

## Spring 2021 Newsletter



### Coronavirus (COVID-19) Update

Some of our members contracted the virus and recovered, while many members have now been fully or partially vaccinated, so things are slowly getting back to normal, LEOH-wise!

Please notify Ken Euler and Jean Kopp if you or other LEOH members or family have been affected by Covid, or are currently experiencing other health issues of concern.

Jean is our **Member Care** person, and can send out an appropriate card if she is notified. We are all in this together, and could use thoughts, prayers, and help from each other as needed. You may reach Ken at [ken@bethanyumc.org](mailto:ken@bethanyumc.org), or Jean at [jskopp@cmkservices.com](mailto:jskopp@cmkservices.com).



### LEOH Trips

Trip leader Ann Fairchild is lining up some exciting trips for 2021!

The first trip is **Tuesday, March 23**, to the *Houston Arboretum*.

Enough members have already signed up to warrant two buses, so everyone can be comfortably and safely spaced during the short rides. Once there, members will enjoy a guided tour on an ADA compliant trail, while viewing the flora and fauna, and will also visit the Nature Center.

A short trip will then take members to outdoor dining at the **FM Kitchen & Bar**.

Please refer to her previous email for additional details and to sign up. As always, if you sign up but later have to cancel, let her know immediately, so someone on the waiting list may take your place.

Ann is finalizing details for future trips, so mark your calendars for the following:

Tuesday, **April 20**; Thursday, **May 13**; and Wednesday, **June 2**.



### Spring Session



Spring meetings will begin in April, via Zooming, facilitated by our Zoom moderator, Debbie Hyink. The Fall 2020 meetings were very successful, so we can look forward to more of the same this spring.

#### Registration

Our last formal registration was in fall 2019. Then the pandemic came along and upended everything.

The email membership list from that registration has continued to be used since then, and no doubt needs updating!

If you no longer wish to be a LEOH member, or to receive emails about LEOH activities, please let Ken know. Also, please notify Ken if you know of someone who you think might like to be added to the list. Once the membership list has been updated, and closer to the meeting date(s), Debbie will send an email containing the zoom meeting link.

#### Donations

Once again, there will not be a registration fee; *however*, donations to offset LEOH administrative expenses are very welcome and may be mailed or taken to Bellaire UMC in care of LEOH.



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## into Spring, with our Spring Session Speakers

*All meetings begin at 11:00 a.m. on the following Thursdays (except Party in the Park at noon):*



**April 8: Ed Emmett**

Senior Fellow and Professor in the Practice at Rice University, Baker Institute, Kinder Institute (also a distinguished senior fellow at Northeastern University's Global Resilience Institute, and owner of The Emmett Company, a consulting firm)

returns to discuss

***What is Resilience and How Do We Get It?***

Hurricanes, floods, pandemics and winter storms all make us ask why we weren't better prepared. Professor Emmett is helping develop resiliency policies.



**April 15: John Boles**

William P. Hobby Professor of History, and author/historian

returns to tell us about his most recent book

***Nation-Makers: Seven Men who Created the U.S.***

Seven Virginians played an important role in the events that led to the American Revolution, the Declaration of Independence, the writing of the Constitution, the development of political parties, etc.



**April 22: Lataya Simpson, Bellaire UMC Associate Pastor**

will discuss

***Preserving Memories Through Publishing: How to write and self-publish your book.***

Memories/stories we want to share with family, friends, and others can fade and be lost. Preserving, sharing, and even publishing them through writing/photo journals as a memoir, is not as daunting or unrealistic as you might think.



**April 29: Wesley E. Wright, attorney at Wright Abshire, Attorneys, P.C.**

will discuss

***What are the Decisions Seniors Need to Make Now?***

Elder Law planning focuses on how you can plan for long term care, how you can use your estate while you are still able, and how you can plan now for survival if your life extends beyond independent living.

**May 6: Party in the Park** will be at the Nature Discovery Center, from noon—1:30.

The NDC was a big hit with everyone last fall, so it should be this time around as well. Soft drinks/water and Firehouse subs with chips and cookies will again be on the menu.

During lunch, a park staff member will give a short talk about the NDC.

A separate email will be sent with full details  
and the opportunity to register, as we get closer to the date.

LEOH questions/updates? Contact Ken Euler at [ken@bethanyumc.org](mailto:ken@bethanyumc.org) or 713-664-5740.  
Newsletter updates? Contact Vickie Fella at [vickiefella@sbcglobal.net](mailto:vickiefella@sbcglobal.net).