



# LEOH (Life Enrichment of Houston)

## May 2020 Newsletter



**In Memoriam:** We lost treasured member Olga Bennett in January. Olga had served on the LEOH board, and always managed to brighten our day with her cheerful personality.

### Coronavirus (COVID-19) Update

We hope everyone is staying safe and secure,  
and can remain so, until this virus is beaten!



LEOH's Sally and Harry Brashear are (thankfully) both recovering from the virus.

Please notify Ken Euler and Jean Kopp if you or other LEOH members or family have been affected. Jean is our **Member Care** person, and can send out an appropriate card if she is notified. We are all in this together, and could use thoughts, prayers, and help from each other as needed.

### LEOH Trip

Trip leader Ann Fairchild had some great trips lined up for us, before the virus intervened. Ann has learned that the county bus folks are still working on a plan to safely resume trips. For now, she is asking that we **"Save the Date"** for these, just in case: Thursday, June 11; Friday, July 17; Saturday, August 15; and Tuesday, September 15. She will be sending out updates. Stay tuned!

### Fall Session

Hopefully LEOH will be on track to have our Fall meetings beginning this September. Registration is planned for Thursday, September 17, with class days the following Thursdays through November 5, and ending with Party Time on November 12. It will be great to get back to fun, food, fellowship, and education!

### What Has Everyone Been Up To In The Meantime?!

Please feel free to share your thoughts, plans, and activities,  
via an email to Ken or to Vickie, for Newsletter publication.  
It's a good way to keep in touch and hopefully not feel so isolated during these trying times.  
Here are some of our fellow members input thus far.

**Ann Fairchild & Kevin Kinsella**—Kevin has been doing minor repair jobs around the house, and sharpening his video games skills. They have both taken advantage of the Y virtual exercise classes for older adults. Ann has been sparking joy everywhere by decluttering and cleaning. She is fortunate to be able to Skype with her 5 siblings to stay in touch with their 93 year old mother in her nursing home. When she's not sparking joy, Ann is working in her garden.

**Judy & Harry Bristol**—Judy reports that they are "hanging in there" by organizing and decluttering, participating in virtual Y classes, and doing Zoom with their church, as well as with a Parkinson's support group. They are also watching a lot of PBS. And their dog is getting in its 10,000 steps on their daily walks!

**Mary Mahon**—Mary has been staying in Rosenberg with her daughter and family. She has been busy helping with the cooking and cleaning, taking care of the dogs, and crocheting a blanket for her granddaughter. That sounds like Mary is simultaneously being a great mother, grandmother, and mother-in-law!

**Nan Carson**—Among other things, Nan is enjoying a daily online opera at [metopera.org](http://metopera.org). She encourages all of us to check out their website!

**Vickie Fella**—Mask-making was a big activity early on, so sewing skills had to be brushed up on! Reading a good book is always a must, and Zoom has allowed for staying in touch (and visibility) with friends. Joy-sparking by organizing and decluttering resulted in a bonanza find under the kitchen sink—a bottle of spray Clorox!

**Jean Kopp**—Jean reports that at 90 she is "living on the edge" and missing her friends at LEOH. Knowing Jean, she is living on that edge with her usual verve and good humor!

**Susan Pennington & Noel Holmberg**—Susan has been cleaning and working on some projects, while Noel is going through art books and learning about female artists.

**Barbara (Mimi) Davis**—Barbara has been making quick in-and-out needed trips while trying to stay safe. She is missing seeing her friends!

**Marney Caldwell**—Marney states that she ambitiously made a 2-page to-do list for quarantine, but has now pared it down to 1 page. Her most rewarding task has been digitizing over 5,000 slides from a period beginning in the 1970's. The slides include herself and her family, many of them her children Ben and Susan, enjoying a variety of activities and trips. She also reports that the slides have chronicled how home décor changes over the years! Marney plays the drums, but we don't know if she's playing them during quarantine.

**Luke Howe**—Luke has been venturing out by bicycle to shop at HEB. He's planning a trip to Boise, Idaho later this month, and welcomes our prayers! He is also looking forward to the June 1st return to Houston of his favorite anthropologists, daughter Cymene and husband Dominic. Luke sends best wishes and blessings to "younger-than-Springtime" LEOHANS.

**Lu Kingham**—Lu reports that she and Harold have stayed safe by doing curbside grocery pickups, and staying in as much as possible. They've done social distancing "drive-bys" to visit friends and relatives, staying in their car and chatting between house and curb. Lu primarily regrets not being able to hold her 8-month-old granddaughter! Their philosophy on these limited visits and an occasional wrong or substituted grocery item is "well, it's better than nothing". So true!

**Trish Parrack**—Trish is trying to stay safe, but has found that social distancing inside the grocery store is difficult! She now enjoys getting what she needs by using HEB curbside service.

**Ken Euler**—Ken has also been sparking joy by cleaning and decluttering, as well as enjoying TV and reading. Ken's computer crashed at the beginning of quarantine, and took 2 weeks to repair, so that didn't help matters!

### Social Distancing Update

Ken has learned that the government has called on retired nuns to help enforce social distancing.



### **Our last LEOH get-together; Party Day, November 7, 2019**

*Popeye's for Lunch!*

Our Watercolorists



### **Our last LEOH Trip; Livestock Show at NRG, March 4, 2020**



LEOH questions/updates? Contact Ken Euler at [ken@bethanyumc.org](mailto:ken@bethanyumc.org) or 713-664-5740.  
Newsletter updates? Contact Vickie Fella at [vickiefella@sbcglobal.net](mailto:vickiefella@sbcglobal.net).