



## LEOH (Life Enrichment of Houston) - October 10, 2019 Newsletter



(Pardon the Progress! Our Fall Session is in temporary locations, while church renovation continues. We will be in newly renovated church areas for the Spring Session.)

**Welcome back to our Spanish teacher and loyal member Maura Rodriguez, who had a brief health scare last week.**

**Thanks** goes to our able leader, Ken Euler, who admirably filled in as a speaker last week at the last minute, discussing the development of chemotherapeutic agents.

**Another Thank You** goes to Bellaire UMC Associate Pastor, Lataya Simpson, who made the trip in from Dickinson to bestow a blessing at lunchtime.

### LEOH Trips

Our next trip is Friday, October 18th, to Froberg's Farms, Joe's BBQ, and Haak Winery. Refresh your memory of this trip's details by checking trip leader Ann Fairchild's previous email, and sign up now (fairann@sbcglobal.net). As always...once you sign up, notify Ann immediately if you cannot go, so someone else may have the opportunity.



### Book/Magazine/CD

Borrow a book/magazine/CD, and return when done. *Thank you* to those members who have brought in books to add to our collection! New this fall is an alphabetical list of our books by author, to accompany the matching alphabetized books. Please keep them in alphabetized-by-author order! Keep what you choose from a selection of note pads, cards, calendars, pens.

### Please wear your Name Tag!

If you can't find your name tag, please check with Ken to get a new one. Remember, we all need help learning (and remembering) who we all are, particularly new members!

### THIS THURSDAY'S HAPPENINGS

- 9:00 a.m. **BASIC SPANISH CLASS (Room 139)** (taught by Maura Rodriguez, MD)
- 10:00 a.m. **WHAT'S UP, HOUSTON? (Family Life Center)**  
ED EMMETT, Senior Fellow, Kinder Institute, and Professor in the Practice, Rice University, reflects on his years as Harris County Judge, and his current focus on public policy at Rice.
- 11:00 a.m. **TOWN HALL (Family Life Center)**  
Edie Rawlinson, Senior Moving Specialist, will tell us how to make downsizing easy.
- 11:55 a.m. **LUNCH DRAWING (Family Life Center)**  
On the first Thursday that a member attends, they will add their name to the LEOH bowl upon arrival that morning. The lucky person whose name is drawn will enjoy a free lunch! Lunch is also free this day for first-time visitors and new members.
- 12:00 p.m. **LUNCH (Family Life Center)**  
*Firehouse Subs*, plus chips, dessert, and a drink, all for only \$3. (Donations are still welcome, too, of course!)  
- 12:45 p.m. **Social Bridge (Family Life Center)** coordinator Jean Vorhaben  
**Year-Round Bridge (Room 138)** coordinator Pat Roberts
- 1-3:30 p.m. **Watercolor Painting (Family Life Center)** acclaimed instructor Marie Schaer

### NEXT WEEK'S SPEAKERS

**WHAT'S UP HOUSTON:** Sean Fitzpatrick, PhD, Executive Director, Jung Center, discusses and compares the terms "spiritual" and "religious".  
(Back by popular demand)

**TOWN HALL:** Gary Cheema, PharmD, Owner and pharmacist, Medic Pharmacy, asks "What do you know about the vitamins you're taking? Do they interact with prescription medicines or other supplements you are taking?" He will enlighten us on the proper uses and needs of each vitamin.  
(Back by popular demand)

### QUOTE FOR THE WEEK

"If you're funny, if there's something that makes you laugh, then every day's going to be okay." - Tom Hanks