Life Enrichment of Houston

(an ecumenical, non-political, all-volunteer, tax-exempt organization)

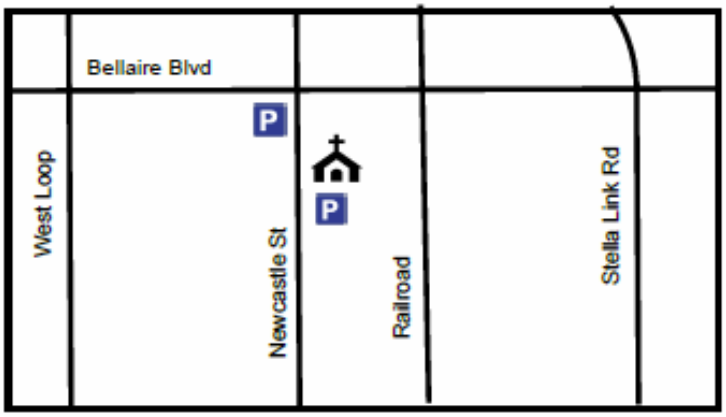
offers

Adventures in Learning for Senior Adults

OUR
39th
YEAR

FALL 2019 SESSION

Registration -	September 12
Classes -	September 19, 26 October 3, 10, 17, 24, 31
Party Time -	November 7
Location -	Bellaire United Methodist Church 4417 Bellaire Blvd Bellaire, Texas 77401



PARKING

South and West parking lots, Bellaire Blvd at Newcastle

INFORMATION

Ken – 713-664-5740
ken@bethanyumc.org
Bellaire UMC Office—713-666-2167
Website—**leohtexas.org**

LEOH meets on

GENERAL INFORMATION

REGISTRATION: Thursday, September 12 – 10:00 AM – 12:00 noon
in Room 136/137 or by mail
FEE: $20.00 per person—non-refundable
NAME TAGS: Please help us know you—wear them.
Please return them at the end of the session.
Replacement fee - $2.00

VACCINATIONS

Provided by Randalls Pharmacy—Meyer Park
Thursday, October 3, 9:30 AM—11:00 AM
Family Life Center (Gym)

Vaccines available: Flu (trivalent) - coverage: Medicare Part B
Pneumococcus—Medicare B Tetanus - Medicare D
(Shingles/Zoster—only available at the store)

MORNING CLASSES

BASIC SPANISH Room 139
9:00—9:50 AM
Instructor: Maura Rodriguez, MD
This course will be offered if at least five members register.

WHAT'S UP HOUSTON? Room136/137
10:00—10:50 AM
Coordinator: Ken Euler

What's Up Houston? offers speakers on a variety of topics and places and events that occur in our great city.

September 19 *Justin Riley*, Senior Public Safety Planner, H-GAC, discusses Homeland Security and Emergency Management.

September 26 *Beth Wiedenower Jackson,* Executive Director, Astrodome Conservancy, tells us of the efforts to save the Dome.

October 3 *Courtney Crappell, DMA*, Director, UH Moores School of Music, presents the School's culture-enriching programs.

October 10 *Judge Ed Emmett,* Kinder Institute, Professor of Practice, Rice University, reflects on his years as Harris County Judge.

October 17 *Sean Fitzpatrick, PhD*, Executive Director, Jung Center, compares the terms "spiritual" and "religious."
Back by popular demand.

October 24 *Lisa Kasianowitz*, Outreach Manager, Houston Parks Board, describes "Bayou Greenways 2020".

October 31 *Jim Robinson*, Board First Vice-Chair, METRO, discusses METROnext, METRO's present and future plans.

TOWN HALL

11:00 AM—12 noon
Coordinators: Charlese Charlton, Chair,
Sally Brashear, Judy Bristol and Tim Mock

Room 136/137

September 19 **SUSTAINABILITY AT THE UNIVERSITY OF HOUSTON**

Michael J Mendoza, Sustainability Manager, University of Houston, talks about his chosen field. What drew him to the work, what he has been able to accomplish at UH and what is yet needed to be done, especially in light of the needs of our larger society.

September 26 **LEGACIES OF THE GULF COAST COWBOYS**

Tom Linton co-authored this newly-published book, which describes the American West and portrays the ways that cowboys have shaped our local history and reality.

October 3 **HOUSTON'S CLIMATE PLAN AND CITIZENS' CLIMATE LOBBY**

Dorothy (Dori) M Wolfe, Wolfe Energy, LLC, tells us Houston, like many cities, is trying to reduce the risks of an increasingly dangerous climate. Our city's planning is strongly influenced by the effects of a national organization, CCL. Ms. Wolfe talks about CCL ideas, where we are in the planning process and what might happen in the future.

October 10 **THE HILTON HOTEL AND RESTAURANT MANAGEMENT COURSE AT THE UNIVERSITY OF HOUSTON**

Mandy Anderson, Director of Recruiting and Enrollment at UH's Hilton Hotel and Restaurant Management College, discusses the history and Mission of the College in preparing students for industry, management and leadership through education and ongoing professional development, the coursework, of some of the classes within the major, being a student in the course, opportunities within the College, internships, potential careers and jobs.

October 17 **ALL ABOUT VITAMINS**

***Gary Cheema,* PharmD**, owner and pharmacist, Medic Pharmacy, asks "What do you know about the vitamins you are taking? Are you taking too much or too many? Do they interact with other medicines you are taking?" Finally, our speaker tells us about the use of each vitamin.

Back by popular demand.

October 24 **HOUSTON CLIMATE PROTECTION ALLIANCE**

Timothy (Tim) C Mock, Co-Founder, Houston Climate Protection Alliance, mostly explores topical writings of two famous men—UK sustainability professor Jem Bendell and US Climate scientist James Hansen.

October 31 **"COMING TO TERMS WITH THOMAS JEFFERSON"**

John B Boles, PhD, William P Hobby Professor of History, Rice University, sketches the life, career and evolving ideas of Thomas Jefferson, and a Renaissance man as president. Professor Boles discusses his ideas about science, religion, government, slavery and American Indians. *Back by popular demand.*

LUNCH, DOOR PRIZE DRAWING, AND ANNOUNCEMENTS

12:00 noon—12:45 PM Family Life Center (Gym)

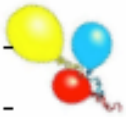
Price Usually, $3.00 for a sandwich catered by Firehouse Subs, chips, dessert and beverage. (Remaining sandwiches—$2.00 each.) **Occasionally, special lunches will be available.**

Door Prize On the first Thursday they attend, LEOH members will place their names in the LEOH bucket. At the end of each Town Hall presentation in Room 136/137, there will be a drawing, and the winner will receive a free lunch that day.

Announcements are made at lunch and can also be found in the Luncheon Newsletter; it is then posted on our website. Please try to be there so you can be informed about this all-volunteer organization.

NOVEMBER 7—PARTY TIME

FAMILY LIFE CENTER (GYM)



11:00 AM - Art Gallery and Conversation

11:15 AM - MUSICAL PROGRAM
Mandy Kung, Director, Piano Instructor
St Andrew's School of Fine Arts

Recognition and appreciation of our Volunteers

12:00 noon - Lunch, dessert, beverage and price to be determined.
[Spanish (AM) and Bridge (PM) classes are held on this final day.]

AFTERNOON CLASSES

12:45—3:30 PM **SOCIAL BRIDGE** Gym
Coordinator: JEAN VORHABEN

This is your chance to learn the game you never had time for before. This class is for intermediate players and for beginners who want to learn from the coordinators and each other.

1:00—4:00 PM **YEAR-ROUND BRIDGE** Room 138
Coordinator: PAT ROBERTS

Enjoy a pleasant afternoon of bridge with dedicated players who continue to play bridge, even when LEOH is not in session.

1:00—3:30 PM **WATERCOLOR PAINTING** Gym
Instructor: MARIE SCHAER Fee: $40:00

Marie Schaer, an award-winning watercolorist, studied at the Glassell School of Art under Arthur Turner and obtained her Certificate of Completion in 1980. She has experience in a wide range of media, including approximately seventeen years in watercolor. She served as Committee Chair for the Watercolor Art Society - Houston's (WAS-H) website in 2015. She has won awards in WAS-H shows and one of her paintings was included in the Assistance League of Houston Celebrates Texas 2018 show at the Williams Tower.

FALL TRIPS

Host: Ann Fairchild

LEOH offers one-day trips every month of the year to places of interest in the greater Houston area and surrounding communities. The trips are usually announced one month in advance via email and on LEOH's website. If you would like to participate in a particular trip, simply respond to that email. If you are not already on the email notification list, email Ann at fairann@sbcglobal.net to be included. If you do not have email, please call her at 713-669-9196 each month to learn about upcoming trips. Payment by check or cash must be brought the day of the trip.

FALL TRIPS AND DATES:

Tuesday, September 17

Friday, October 18

Tuesday, November 26

Thursday, December 19

LEOH TRIP POLICY

- To ride on a county bus, one must be at least 50 years of age.
- Please always be on time for bus departures.
- Please have the name and phone number of an emergency contact person available at the time of the trip.
- Wheelchairs are available for those who wish to go on a trip but may not be able to walk distances. Please let Ann know in advance if you will need to use one.

DONATIONS WELCOME

The fees for LEOH functions have been kept low and reasonable. However, tax deductible donations have kept LEOH from having a deficit at the end of many sessions and are very welcome!!

LEOH ON THE INTERNET

Check the internet for the latest information regarding LEOH, including updates and changes in the program and trips. LEOH's website is **leohtexas.org**

VISITORS, CLASSES AND LUNCH

Members, please bring a friend to LEOH classes; guests are welcome, and lunch will be free for first time visitors. Guest cards are available at the Registration Table to be completed and given to the treasurer in lieu of lunch payment.

LEOH IS AN ALL VOLUNTEER ORGANIZATION

Your energy, skills, and talents can make LEOH a better organization. Please volunteer to help.

BOOK, MAGAZINE AND JIGSAW PUZZLE EXCHANGE

Coordinator: Vickie Fella

For many years LEOH has maintained an exchange program for books and magazines. Bring your recent, gently used books, magazines and jigsaw puzzles, and find something of interest.

LIFE ENRICHMENT OF HOUSTON (LEOH)

SPRING 2019

Membership Registration

PLEASE: **PRINT** or use a correct mail label and include given name, address, phone number and email.

PLEASE: Fill in all of the blanks.

Name: _____ Phone: _____

Last First

Name of spouse – ONLY IF joining LEOH: _____

Address: _____ City: _____ Zip: _____

Email: _____ NEW: Address?__; Phone?__; Email?__

If **new**, how did you learn about LEOH? Newspaper ____ Friend ____ Other _____

Please initial **<u>if you do not want</u>** the above information shared with LEOH members**:** _____

PLEASE SUPPORT LEOH BY VOLUNTEERING TO HELP.

Please donate $5 to purchase desserts for the lunches. _____

<u>Committee Preference:</u>

_____ Luncheon Set-Up _____ Luncheon Clean-Up

_____ Registration/Greeters _____ What's Up, Houston?

LEOH NON-REFUNDABLE REGISTRATION FEE: $20.00

Covers the following activities:

Basic Spanish, Year-Round Bridge, What's Up, Houston? Social Bridge, Town Hall

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Payment is for: Registration: ($20.00 per person) . . . . . $ _____

Watercolor Painting ($40.00 per person) . . . . .$ _____

Tax-deductible donation . . . . . $ _____

Dessert donation of $5. . . . . $ _____

Request a letter of acknowledgement? ____

TOTAL . . . . . .$ _____

CHECK (#_____) OR CASH _____

Make check payable to LEOH or Life Enrichment of Houston.

Bring or mail your registration to: LIFE ENRICHMENT OF HOUSTON

4417 Bellaire Blvd