



## LEOH (Life Enrichment of Houston)

April 25, 2019 **NEWSLETTER**



**Party Day** is coming up on **May 9th**, meaning another great catered lunch!

Beginning this Thursday, it's time to sign up. Stay tuned for updates on the menu. Party Day also means it's the last spring LEOH session, so there will be "coffee and conversation", singing, and a gallery showing by our aspiring watercolor artists. In fact, all of our artists, past and present, are encouraged to bring any and all of their previous works of art, along with their latest masterpieces. All members are also encouraged to bring an example of other types of handicraft they enjoy crafting (quilting, woodworking, etc.)

We will enjoy **oohing** and **aahing** over everyone's accomplishments!

**LEOH Trip: Mark your calendar for Wednesday, May 22nd:** It's time to sign up for the trip to the George H.W. Bush Library at A&M. **REMEMBER:** If you sign up for this trip but cannot attend, let trip leader Jane Shinn know immediately (janeortim@aol.com), in case there's a waiting list.

### **Book/Magazine/CD/DVD Exchange and Suggestion Box (in Fellowship Hall)**

Borrow a book or magazine and/or a CD/DVD and return when done. Keep what you choose from a selection of note pads, cards, pens. Got an idea for a speaker, topic, trip, or way to make LEOH better? Put it in the suggestion box!

### **THIS THURSDAY'S HAPPENINGS**

- 9:00 a.m. **BASIC SPANISH CLASS (Room 131)** (taught by Maura Rodriguez, MD)
- 10:00 a.m. **WHAT'S UP, HOUSTON? (Parlor)** **MONTY PATCH**, AARP (American Association of Retired Persons) volunteer, offers a financial workshop for those of us over 50. Budgets, credit, debt, etc. are those stress-inducing issues he will tell us how to tackle successfully.
- 11:00 a.m. **TOWN HALL (Parlor)** **GARY CHEEMA**, PharmD, is the pharmacist and owner of Medic Pharmacy on S. Braeswood. He will tell us how independent pharmacies like his differ from the large chain pharmacies, such as CVS and Walgreens. We will learn about the expertise required and need for compounding pharmacies like his, and how the independent pharmacy is all about counseling and building relationships with its customers.
- 11:55 a.m. **YELLOW BUCKET DRAWING FOR FREE LUNCH (Parlor)** Is your name in the bucket? Jane Shinn was the lucky winner last week!
- 12:00 p.m. **LUNCH (Fellowship Hall)**  
Enjoy your choice of a Subway sandwich, chips, drink, and dessert for a mere \$3. Your donations are welcome, too! And take home any leftover Subway sandwich for the bargain price of \$2.
- 12:45 p.m. **Social Bridge (Fellowship Hall)** coordinator Jean Vorhaben  
**Year-Round Bridge (Room 125)** coordinator Pat Roberts
- 1-3:30 p.m. **Watercolor Painting (Atrium Hall)** acclaimed instructor Marie Schaer

### **WHAT'S HAPPENING NEXT WEEK?!**

- Maria C. Gaztambide, Director and Chief Curator, Public Art, University of Houston, will tell us about the University's available public art. Their acquisition of works of art began in 1966, with the goals of enhancing the campus as well as the prestige of the University.
- Kerri Crawford, PhD, is the Assistant Professor, Department of Biology and Biochemistry, University of Houston. The UN's Global Environmental Outlook (their premier environmental assessment), calls biodiversity loss one of the most significant environmental issues facing North America. She will tell us what we can do to help prevent this loss.

**ALBERT EINSTEIN said...**

The hardest thing to understand in the world is the income tax.



**Questions in general about LEOH?** Contact Ken Euler at ken@bethanyumc.org, or 713-664-5740.

If you need to contact the Bellaire UMC office, call 713-666-2167.

Check out the LEOH website at [leoh.texas.org](http://leoh.texas.org) and also Like us on Facebook